Iowa Gambling Treatment Outcomes System: 2013

Prepared for
Iowa Department of Public Health
Division of Behavioral Health
Office of Problem Gambling Treatment and Prevention

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Project Description

The 2013 report of the Iowa Gambling Treatment Outcomes (IGTO) Monitoring System is the eighth in a series of such reports, but it is the first report to present findings based on data from the state’s Gambling Services Reporting System (GSRS). GSRS utilizes the Iowa Service Management and Reporting Tool (I-SMART), an Internet-based client management and data reporting (agency and state level) and evaluation (University of Iowa for substance abuse, University of Northern Iowa for gambling) system that allows the State of Iowa and its licensed substance abuse treatment and problem gambling treatment and prevention providers to administer, manage (including data reporting), and provide cost efficient and quality substance abuse and problem gambling services.

Beginning in July 2011 the Gambling Treatment Reporting System (GTRS) began transitioning to the use of the GSRS (including problem gambling treatment, recovery support, and prevention services data from the Problem Gambling Domain in I-SMART). Data from clients who were still actively receiving services in July 2011 continued to be reported in GTRS (the previous reporting system). New clients were entered into I-SMART to be accessed by the GSRS. In July 2012, I-SMART became the sole source of problem gambling treatment and prevention data.

The purpose of the Iowa Gambling Treatment Outcomes Monitoring System is to assess the extent to which gambling treatment services provided via the Office of Problem Gambling Treatment and Prevention are associated with positive outcomes for clients who received gambling treatment from the provider agencies contracted with the State of Iowa. The current report includes treatment data from both the GTRS and GSRS sources for an approximate two year period (usually July 2011 through May 2013, but varies depending on the specific analysis being reported) as detailed in each section below. The analyses include findings from only adult clients admitted as “gamblers”; it excludes data for “crisis” clients and “concerned others.” This report was produced by the Center for Social and Behavioral Research (CSBR) at the University of Northern Iowa (UNI) under contract with the Office of Problem Gambling Treatment and Prevention at the Iowa Department of Public Health (IDPH). This project was reviewed by the Institutional Review Board (IRB) at UNI to ensure compliance with current legal and ethical considerations regarding human research participants.

Main Findings

- Nearly three-fourths of those seeking treatment were doing so for the first time; a much higher percentage than historically observed.
Compared to prior reporting periods, fewer clients had no waiting time from initial contact until admission, while many more waited one week or longer than had historically happened.

The rate of gambling in the past 30 days was approximately three times lower for those in the discharge group than for those in the admission group.

Gambling pathology was nearly zero (2%) for those reported as completing treatment, while 73-90% of clients at admission are classified as pathological gamblers.

The blended admission numbers (GTRS and GSRS) for Calendar Years 2011 and 2012 were lower than the average admissions from historical data. There is no definitive explanation for this decline, although it may be a consequence somehow of the change from GTRS to GSRS and their overlap during the reporting period. Future years of data may clarify whether the currently observed decline was real or reflects reporting errors.
Admission and Discharge: GSRS System-Level Findings

A system-level analysis approach yields findings for one group of clients who were reported as admitted into GSRS from July 2011 through April 2013, and independently for a second group of clients who were discharged from treatment from September 2011 through May 2013. At the time the analysis began (May 2013), data for this period were available for 557 admitted gamblers and 332 gamblers who had been discharged ($completed\ treatment = 88; client\ left = 233, and\ other\ reasons = 11$). The remaining 225 gamblers continued in the treatment program. The GSRS system-level findings focus on the admitted gamblers ($n=557$) and specifically on gamblers who completed their treatment plans ($n=88$). These are group-level findings for clients admitted and for those discharged. Although some clients may be in both the admission and discharge groups, most are not. Hence, comparisons of the two groups are not themselves indicators of individual-level change.

- **Types of gambling activities.** Of those who were reported as admitted for treatment through GSRS, the most common types of gambling in the past 30 days were: slot machines (74%), scratch tickets (25%), lottery tickets (19%) and casino table games (16%). These are the same top four types as reported in each of the five prior years. The primary locations for these gambling activities were at casinos (87%) and convenience stores (27%). As additional background, nearly one-third had ever filed for bankruptcy prior to admission (30%), nearly three-fourths were seeking gambling treatment for the first time (73%) and one-fourth had received prior alcohol or drug treatment (26%). The data indicate about one-third had no wait from initial contact to admission (34%), while 42% had a computed wait time of 7 days or more.

- **Gambling during the past 30 days.** Among those admitted for treatment in GSRS one-fourth (25%) said they had not gambled during the 30 days prior to entering treatment. In contrast, among those who completed treatment and were reported as discharged, the majority (88%) said they had not gambled during the 30 days prior to being discharged from treatment. The mean number of days gambled in the past 30 days was 6.6 for the admission group and 0.5 days for the discharge group.

- **Gambling pathology.** DSM-IV gambling pathology classifications were determined based on clients’ self-reports of 10 behavioral items for the past 12 months and past 30 days for the admission and discharge groups.
  - Past 12 month classifications for admissions:
    - Pathological gambling: 90%
    - Problem or at-risk gambling: 10%
  - Past 30 day classifications for admissions:
    - Pathological gambling: 73%
    - Problem or at-risk gambling: 19%
  - Past 30 day classifications for clients who completed treatment and were discharged between July 2011 and May 2013:
    - Pathological gambling: 2%
    - Problem or at-risk gambling: 12%

- **Life satisfaction.** Among clients who were admitted to treatment, about three-fourths (74%) reported that they felt largely dissatisfied with life. Among those who completed treatment, 13% reported they felt largely dissatisfied with life.
Admission and Discharge: GSRS Individual-Level Findings

An individual-level approach yields findings for a single group of individuals who were reported as both admitted and discharged in GSRS during the reporting period. The advantage of this approach is that admission and discharge data are based on the same group of clients; however, the limitations are that matched clients are available for a smaller number of clients and the findings are not specific to the treatment programs for a particular time period. The following admission versus discharge findings are for a sample of 88 clients who were both admitted and discharged after completing all or a substantial portion of treatment between July 2011 and May 2013.

- **Gambled during the past 30 days.** After completing treatment, 85% said they had not gambled in the 30 days prior to being discharged compared to 32% who said they had not gambled in the 30 days prior to entering treatment.

- **Financial stability.** One indicator of financial stability is paying bills on time. After completing treatment, 14% said they had been late paying their bills during the 30 days prior to being discharged which was down from the 42% who said this had happened in the 30 days before entering treatment.

- **Gambling pathology.** After completing treatment, 2% of these clients were classified as current (past 30 days) pathological gamblers compared to 70% when they entered treatment.

**Limitations**

A variety of factors can affect the representativeness and generalizability of findings regarding the outcomes of any intervention or treatment. Although the new GSRS system allows agency counselors to upload information as service is provided, attrition and non-response bias are two potentially limiting factors in this project. Attrition (clients dropping out) may be an issue especially for the discharge data that are mainly available only for those who completed treatment. The findings for attitudes and outcomes may be biased if those who left without completing treatment and who are not included in the discharge data were less positive about their treatment experience. Non-response bias (missing data on specific variables for specific clients) becomes an issue when those for whom data are available differ systematically from those for whom data are not available. The specific effects of attrition and non-response bias on the representativeness and generalizability of the findings for this project are undetermined.

The GSRS system itself is still evolving. In the transition from GTRS, some items used in the IGTO monitoring system were altered, and some omitted. In both systems, many clients leave treatment without data being collected for “discharge” reporting. There are some indications of possible data entry errors, and some indications that items are being omitted from data collection by providers. Additionally, the items intended to capture data at one month following admission were not being collected in a timely manner (ranging from less than a month to more than five months post admission). Because of this variation in the “one month” assessment time, it was impossible to use these data in a meaningful way. The GSRS system has the capacity to address these problems.
Summary & Conclusions

The Office of Problem Gambling Treatment and Prevention provides state-funding for Iowans with gambling problems to receive publicly funded gambling treatment services from contracted treatment providers. The discharge data indicated that 26% of clients completed all or a substantial portion of treatment, while 70% of the clients left (on their own) without completing treatment and 4% had some other discharge status. The higher proportion of clients who left the treatment compared to the GTRS’ historical data (about 50%) in this report could be due to the implementation of the GSRS system. Clients who entered prior to July 2011 continued to be in the old GTRS data collection system, and they are not included in this report’s analyses.

Whether the data are examined as aggregate groups, or as individuals, there were large reductions in gambling behaviors and adverse outcomes between the admission and discharge time points.
The current report presents tabulations of adult client admissions, services, and discharges and several specific outcome indicators for Iowans who were in treatment programs funded by the Office of Problem Gambling Treatment and Prevention from July 2011 through May 2013. This is the eighth report by the Center for Social and Behavioral Research (CSBR) at the University of Northern Iowa (UNI) on the Iowa Gambling Treatment Outcomes (IGTO) System. However, this is the first report that uses data collected by the new Gambling Services Reporting System (GSRS). GSRS utilizes the Iowa Service Management and Reporting Tool (I-SMART) an Internet-based client management and data (agency and state level) reporting and evaluation (University of Iowa for substance abuse, University of Northern Iowa for gambling) system that allows the State of Iowa and its licensed substance abuse treatment and problem gambling treatment and prevention providers to administer, manage (including data reporting), and provide cost efficient and quality substance abuse and problem gambling services.

Beginning in July 2011 the state began transitioning from the Gambling Treatment Reporting System (GTRS) to the GSRS (that includes problem gambling treatment, recovery support, and prevention services data from the Problem Gambling Domain in I-SMART). Data from clients who were still actively receiving services in July 2011 continued to be reported in GTRS (the previous reporting system). New clients were entered into I-SMART to be accessed by the GSRS. In July 2012, I-SMART became the sole source of problem gambling treatment and prevention data.

The IGTO (Iowa Gambling Treatment Outcomes Monitoring System) is designed to monitor and assess the extent to which publicly-funded gambling treatment services are associated with positive outcomes for clients who receive services at provider agencies contracted by the state. During the GTRS era, agencies reported basic information on admissions, treatment services, and discharge status of clients to the state. In order to collect additional information central to assessing treatment outcomes, the IGTO added a set of questionnaires administered by providers to clients during treatment and a six-month post-discharge questionnaire administered directly by CSBR. In GSRS most of the data elements formerly collected by questionnaires during treatment were included in the on-line system. The six-month post-discharge data collection was retained as an additional research activity administered directly by CSBR. Due to an oversight in implementing GSRS any procedure for gaining active consent from clients to be contacted by CSBR for post-discharge data collection was omitted. Hence, this report does not include findings for this part of the full IGTO analysis. The problem has since been corrected, and the next report will include post-discharge analysis of treatment outcomes. The IGTO project has been under continuous review by the Institutional Review Board (IRB) at UNI to ensure compliance with current legal and ethical considerations regarding human participants.
There are several points of data entry in the GSRS system: intake/admission, intermediate assessment, service provision, and discharge. During the reporting period, there were 657 clients in the intake data followed by 557 clients in the admission data. There were 154 clients who were assessed once between admission and discharge\(^1\). Although the intention was for this intermediate assessment to occur one month after admission, the actual time of these assessments varied from one week to more than five months. Thus, the “intermediate” data are largely uninterpretable and this report will focus on the intake/admission, and discharge data.

\[\text{Intake} \quad n = 657 \]
\[\text{Admission} \quad n = 557 \]
\[\text{Intermediate} \quad n = 154 \]
\[\text{Discharge} \quad n = 88 \]
\[\text{Service} \quad n = 557 \]
\[\text{Service} \quad n = 225 \]

**Figure 1.** Process and number of clients in the GSRS system

\(^1\) As in November 27, 2013, an updated account of discharged status was generated from the I-SMART system. There were 421 clients who were discharged between July, 2011 and May, 2013. Among these discharged clients 120 completed the treatment (29%) during the reporting period.
<table>
<thead>
<tr>
<th>Data Collection Points</th>
<th>The outcomes report relies on data collected when (a) the gamblers are admitted into the treatment program, (b) services received in the treatment program, and (c) discharged from treatment.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Color Coding</td>
<td>The findings that correspond to different data sources are color coded. Admission data are green, service data are purple, and discharge data are orange.</td>
</tr>
<tr>
<td>Sample Sizes</td>
<td>The sample sizes for findings that vary depend on the following: time of administration (e.g., admission, discharge), question being asked, and type of analysis (e.g., group-level vs. individual level). The number of people represented in the analyses are indicated with a lower case “n” (e.g., n = 100 would mean the percentages or means reported are based on data from 100 clients).</td>
</tr>
<tr>
<td>Data</td>
<td>Most of the findings in this report are based on data for those who were admitted from July 1, 2011 through May 6, 2013 and include only the GSRS data collection system. Therefore, clients who were admitted to treatment before July 2011 are not included in the analysis.</td>
</tr>
<tr>
<td>Group-Level Analysis vs. Individual-Level Data</td>
<td>Many clients are not admitted and discharged within the same Calendar or Fiscal Year because their treatment overlaps years. This is important to remember when interpreting findings showing data for all those who were admitted in the new GSRS system in comparison to those who were discharged in the previous year. These analyses are system-level findings and not comparisons of individual-level change. The advantage of the group-level analysis is that it maximizes the sample sizes within the time period and shows what was happening at a given time within the treatment system. Assuming that people who enter treatment from year-to-year do not vary in systematic ways, the findings can be used to infer effectiveness of the treatment services being delivered. The advantage of the individual-level analysis is that it allows one to draw conclusions about within-client differences from when they entered treatment compared to when they completed treatment. While the number of clients that can be matched across time is still low in the GSRS system, the number of matched clients will steadily increase as the GSRS system fully replaces the previous GTRS data collection system.</td>
</tr>
</tbody>
</table>
The findings in this report are based on data from adult clients admitted to state-funded gambling treatment programs as “gamblers” and excludes “crisis” clients and “concerned others.” The findings in this report based on group aggregates are not based on a common denominator. Thus, discharge and service data contain only a portion of all admitted gamblers. Therefore, the conclusions of potential differences or changes over time are based on changes in the aggregate or group level, but they do not provide information about changes at the individual level unless specifically noted (i.e., admission versus discharge boxes).

There are two common types of percentages used in research reports – “total percent” and “valid percent.” Total percent is based on a denominator of all clients. In contrast, valid percent is based on a denominator of clients for whom the questions were relevant and data were available (e.g., “no response” and “not applicable” options are omitted). In this report, valid percent is sometimes referred to as “subgroup percent.” Unless otherwise noted, valid percents are displayed in this report. The number of cases in the denominator is shown as “n” in tables and figures. The percentages shown in this report usually have been rounded to whole percentages. In some cases, the values may appear not to sum to 100% due to the effects of rounding. Also, the sum of values presented in graphs may differ by a percentage point from the values reported in the narrative due to the cumulative effect of rounding when summing across multiple response options.
The primary findings in this section are based on GSRS data submitted by Iowa provider agencies, covering the period of July 2011 through May 2013. These are often compared to findings for prior years based on GTRS data.

### SECTION 2.1
Intake and Admission in GTRS and GSRS

<table>
<thead>
<tr>
<th>Intake Gamblers</th>
</tr>
</thead>
<tbody>
<tr>
<td>There were 657 Intake records assessed during the 2011-2013 reporting period. A total of 557 of these intake clients (85%) were recommended and admitted for treatment services. This latter group constitutes the “admitted gamblers” in this report.</td>
</tr>
</tbody>
</table>

![Intake Pie Chart](chart.png)

**Figure 2.** Gamblers assessed for treatment.  
(GSRS, $n = 657$)
Admission

At the time the current analysis began, 557 Admissions records had been submitted through GSRS for the period of July 6, 2011 through May 6, 2013. This number was the basis for the admission analyses in this report. This admission group of 557 clients does not include all clients who were admitted by the state-funded treatment providers due to a change in data reporting systems during the study period. Figure 3 shows the complete tallies for Calendar Years 2011 and 2012. Additionally, state-funded agencies provided assistance to concerned persons, clients admitted in a prior period, or individuals only receiving crisis services or screening services. The blended admission numbers (GTRS and GSRS) for Calendar Years 2011 and 2012 were lower than the average admissions from historical data. For instance, there were only 332 admission records for 2012. There is no definitive explanation for this decline, although it may be a consequence somehow of the change from GTRS to GSRS and their overlap during the reporting period. Future years of data may clarify whether the currently observed decline was real or reflects reporting errors.

![Figure 3. Number of Admissions by Calendar Year. (GTRS Admission Forms 2006-2011; GSRS July 2011-December 2012)](image_url)

*For Calendar Year 2011 the total admissions tally combines data from GTRS (n = 187) and GSRS (n = 151).

**There were no admissions in 2012 in GTRS.
Sources of Referral

The two most common sources of referral to the gambling treatment program were self (39%) and the 1-800-BETSOFF helpline (31%). For some referrals by self or others, the helpline may also have been called during the process of entering treatment even though it may not have been considered the primary source of referral. Only one response is allowed in GSRS, as it was in GTRS. “Self” and “helpline” have traditionally been the top two sources of referral.

Figure 4. Source of referral for gambling treatment program. (GSRS, n = 557)

Table 1
Source of Referral for Gambling Treatment Program
(GTRS Admission Forms 2006-2010; GSRS 2011-2013)

<table>
<thead>
<tr>
<th>Source of Referral</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
<th>2011-2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self</td>
<td>29%</td>
<td>33%</td>
<td>41%</td>
<td>35%</td>
<td>41%</td>
<td>39%</td>
</tr>
<tr>
<td>Helpline</td>
<td>34%</td>
<td>34%</td>
<td>24%</td>
<td>31%</td>
<td>22%</td>
<td>31%</td>
</tr>
<tr>
<td>Clinic or Health Care Provider</td>
<td>13%</td>
<td>09%</td>
<td>11%</td>
<td>13%</td>
<td>17%</td>
<td>12%</td>
</tr>
<tr>
<td>Criminal Justice or Court</td>
<td>08%</td>
<td>10%</td>
<td>08%</td>
<td>08%</td>
<td>08%</td>
<td>5%</td>
</tr>
<tr>
<td>Other Individual</td>
<td>10%</td>
<td>06%</td>
<td>07%</td>
<td>08%</td>
<td>07%</td>
<td>5%</td>
</tr>
<tr>
<td>Spouse or Partner</td>
<td>02%</td>
<td>03%</td>
<td>04%</td>
<td>03%</td>
<td>02%</td>
<td>4%</td>
</tr>
<tr>
<td>Other Community Organization</td>
<td>03%</td>
<td>04%</td>
<td>04%</td>
<td>02%</td>
<td>03%</td>
<td>3%</td>
</tr>
<tr>
<td>Employer/School</td>
<td>01%</td>
<td>&lt;1%</td>
<td>&lt;1%</td>
<td>&lt;1%</td>
<td>01%</td>
<td>1%</td>
</tr>
</tbody>
</table>

Note. Some of the original categories have been combined: (a) “clinic and health care provider” includes health care provider, community mental health clinic, and alcohol & drug abuse provider; (b) “other community organization” includes other community agencies which would cover government, community, and religious organizations and debt counselors; and (c) “other individual” includes Gam-Anon members and other individuals.
| **Background Characteristics of Clients Admitted for Treatment**  
<table>
<thead>
<tr>
<th>(GSRS: July 1, 2011 through May 6, 2013)</th>
</tr>
</thead>
</table>
| **Gender** | 46% Male  
| | 54% Female |
| **Age** | Range: 21-87  
| | Mean: 46.5 years |
| **Children** | 72% Children in household/financially responsible for one or more children  
| | 28% No children in household or not financially responsible for any children |
| **Marital Status** | 41% Married  
| | 24% Single  
| | 20% Divorced  
| | 07% Cohabitating  
| | 03% Separated  
| | 05% Widowed |
| **Education** | 19% College graduate (bachelor’s degree or higher)  
| | 28% Some college  
| | 47% High school/GED  
| | 06% Less than high school |
| **Employment** | 49% Employed full-time  
| | 11% Employed part-time  
| | 15% Unemployed in past 30 days and looking for work  
| | 26% Not in labor force |
| **Health Insurance** | 61% Have health insurance  
| | 39% No health insurance |
| **Hispanic/Latino** | 97% Non-Hispanic  
| | 03% Hispanic/Latino |
| **Race** | 92% White-Caucasian  
| | 04% African-American  
| | 01% American Indian  
| | 02% Asian  
| | 01% Other |
| **Primary Source of Payment for Treatment** | 72% State unit reimbursement  
| | 15% Self pay or other private pay  
| | 09% Other government (e.g., Medicaid, Medicare, State non-unit reimbursement)  
| | 02% Private health insurance  
| | 02% No charge |
Nearly one-half (46%) of the GSRS admitted clients had wait times of 3 days or fewer between the initial contact and admission. In the previous system (GTRS), the similar measure was self-reported “wait days before the admission” without explicit reference to the initial contact date. However, in GSRS, dates are recorded for when initial contact, intake, and admission records are entered, so the wait is calculated by the GSRS system rather than relying on recall. The percentage of clients who had no wait time was steadily declining from 65% in 2006 to 41% in 2010. This trend continued during the GSRS data collection system to 34%. However, the percentage of clients who waited one week or longer has risen from 13% in 2006 to 25% in 2010 and 42% in 2011-2013. The change from GTRS to GSRS may at least partially explain the large difference observed for the current period.

**Figure 5.** Number of days clients waited to be admitted for treatment. (GSRS, n = 557)

<table>
<thead>
<tr>
<th>Days Waited</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
<th>2011-2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Wait (0 Days)</td>
<td>65%</td>
<td>58%</td>
<td>49%</td>
<td>45%</td>
<td>41%</td>
<td>34%</td>
</tr>
<tr>
<td>1 to 3 Days</td>
<td>17%</td>
<td>14%</td>
<td>21%</td>
<td>17%</td>
<td>21%</td>
<td>12%</td>
</tr>
<tr>
<td>4 to 6 Days</td>
<td>05%</td>
<td>08%</td>
<td>09%</td>
<td>11%</td>
<td>12%</td>
<td>12%</td>
</tr>
<tr>
<td>7 Days or Longer</td>
<td>13%</td>
<td>20%</td>
<td>21%</td>
<td>27%</td>
<td>25%</td>
<td>42%</td>
</tr>
</tbody>
</table>
Other Treatment Experiences

About three fourths (73%) of the clients said this admission was the first time they had sought help to address their gambling problem. This is a significant increase from 53% of first time admissions found in 2010. However, this increase could be due to the change in the data collection system that excludes some indications of previous admissions (“re-admissions”). About one-fourth (26%) said they had previously received treatment for alcohol or drug problems.

Figure 6. Treatment experiences for gambling, alcohol, and drug problems.
(GSRS, n = 557)

Table 3
Other Treatment Experiences
(GTRS Admission Forms 2006-2010; GSRS 2011-2013)

<table>
<thead>
<tr>
<th>Other Treatment Experiences (% Yes)</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
<th>2011-2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Time Seeking Help for Gambling Problem</td>
<td>62%</td>
<td>57%</td>
<td>52%</td>
<td>59%</td>
<td>53%</td>
<td>73%</td>
</tr>
<tr>
<td>Prior Help Sought for Gambling Problem</td>
<td>38%</td>
<td>43%</td>
<td>48%</td>
<td>41%</td>
<td>47%</td>
<td>27%</td>
</tr>
<tr>
<td>Prior Treatment for Alcohol or Drug Problem</td>
<td>32%</td>
<td>26%</td>
<td>29%</td>
<td>29%</td>
<td>27%</td>
<td>26%</td>
</tr>
</tbody>
</table>
Three-fourths of the admitted gamblers (75%) reported that they have gambled in the past 30 days. Among these current gamblers, the most commonly reported gambling activity was using slot machines (74%). About 1 in 4 had purchased scratch tickets or pull tabs, 1 in 5 clients had purchased lottery numbers, and 1 in 6 clients had wagered money on casino table games. Overall, 80% reported having wagered on only one (56%) or two (24%) types of gambling activities during the past 30 days, and 44% said that they had wagered exclusively on slot machines.

Table 4
Types of Gambling Activities
(GTRS Admission Forms 2006-2010; GSRS 2011-2013)

<table>
<thead>
<tr>
<th>Types of Gambling Activities (% Yes)</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
<th>2011-2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Casino Table Games</td>
<td>24%</td>
<td>26%</td>
<td>31%</td>
<td>22%</td>
<td>22%</td>
<td>16%</td>
</tr>
<tr>
<td>Slot Machines</td>
<td>67%</td>
<td>69%</td>
<td>70%</td>
<td>70%</td>
<td>72%</td>
<td>74%</td>
</tr>
<tr>
<td>Live Keno</td>
<td>02%</td>
<td>&lt;1%</td>
<td>03%</td>
<td>&lt;1%</td>
<td>02%</td>
<td>01%</td>
</tr>
<tr>
<td>Video: Poker/Keno/Blackjack</td>
<td>13%</td>
<td>14%</td>
<td>15%</td>
<td>13%</td>
<td>10%</td>
<td>11%</td>
</tr>
<tr>
<td>Non-Casino Cards</td>
<td>10%</td>
<td>07%</td>
<td>08%</td>
<td>06%</td>
<td>06%</td>
<td>06%</td>
</tr>
<tr>
<td>Bingo</td>
<td>05%</td>
<td>06%</td>
<td>06%</td>
<td>05%</td>
<td>02%</td>
<td>03%</td>
</tr>
<tr>
<td>Scratch Tickets &amp; Pull Tabs</td>
<td>25%</td>
<td>27%</td>
<td>35%</td>
<td>26%</td>
<td>26%</td>
<td>25%</td>
</tr>
<tr>
<td>Lotteries</td>
<td>25%</td>
<td>26%</td>
<td>27%</td>
<td>21%</td>
<td>19%</td>
<td>19%</td>
</tr>
<tr>
<td>Racetrack</td>
<td>04%</td>
<td>04%</td>
<td>06%</td>
<td>02%</td>
<td>02%</td>
<td>02%</td>
</tr>
<tr>
<td>Sports</td>
<td>10%</td>
<td>06%</td>
<td>08%</td>
<td>04%</td>
<td>05%</td>
<td>05%</td>
</tr>
<tr>
<td>Stocks/Commodities/Futures</td>
<td>&lt;1%</td>
<td>&lt;1%</td>
<td>01%</td>
<td>&lt;1%</td>
<td>&lt;1%</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Other</td>
<td>15%</td>
<td>04%</td>
<td>01%</td>
<td>02%</td>
<td>01%</td>
<td>04%</td>
</tr>
<tr>
<td>No Wagering Reported</td>
<td>05%</td>
<td>12%</td>
<td>08%</td>
<td>10%</td>
<td>08%</td>
<td>04%</td>
</tr>
</tbody>
</table>

Note. From 2006 through 2010, clients were asked to assign the percentage of money wagered on each activity. The values above show the percent of clients who said at least 1% of their money was wagered on a particular activity. In the GSRS system clients were asked to report the number of days wagered on each of the gambling activities in the past 30 days.
Debt

Among clients admitted through GSRS for gambling treatment, 37% said they had a total debt of $50,000 or more. Total debt may include such things as mortgages, car loans, educational loans, credit cards, and overdue bills; thus, this debt is not necessarily due to problem gambling behaviors. About 1 in 5 clients admitted for treatment said they did not have any gambling-related debt. However, about 1 in 10 reported gambling-related debt of $50,000 or more. There are no external validating sources for these values, so their informative value is limited.

Among those who gambled in the past 30 days, more than 8 in 10 usually gambled alone (85%). The amount of money reported lost due to gambling in the past 30 days ranged from $0 to $40,000. The median value of money lost due to gambling was $1,000. In addition, there were about one-half (46%) who lost $1,000 or more.

Table 5
Total Debt
(GTRS Admission Forms 2006-2010; GSRS 2011-2013)

<table>
<thead>
<tr>
<th>Total Debt</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
<th>2011-2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>06%</td>
<td>07%</td>
<td>05%</td>
<td>09%</td>
<td>10%</td>
<td>06%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>07%</td>
<td>05%</td>
<td>06%</td>
<td>06%</td>
<td>07%</td>
<td>07%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>09%</td>
<td>08%</td>
<td>07%</td>
<td>09%</td>
<td>08%</td>
<td>09%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>10%</td>
<td>08%</td>
<td>10%</td>
<td>10%</td>
<td>09%</td>
<td>10%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>12%</td>
<td>14%</td>
<td>14%</td>
<td>14%</td>
<td>18%</td>
<td>09%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>20%</td>
<td>22%</td>
<td>23%</td>
<td>18%</td>
<td>17%</td>
<td>19%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>15%</td>
<td>15%</td>
<td>16%</td>
<td>12%</td>
<td>12%</td>
<td>17%</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>20%</td>
<td>21%</td>
<td>21%</td>
<td>18%</td>
<td>18%</td>
<td>23%</td>
</tr>
<tr>
<td>Total Debt (Median)</td>
<td>$25,000</td>
<td>$28,000</td>
<td>$25,000</td>
<td>$20,000</td>
<td>$17,900</td>
<td>$27,385</td>
</tr>
</tbody>
</table>

Note. As a measure of central tendency, the mean is sensitive to the influence of outliers. Thus, in this table, the median value of total debt is shown.

Table 6
Gambling-Related Debt
(GTRS Admission Forms 2006-2010; GSRS 2011-2013)

<table>
<thead>
<tr>
<th>Gambling Related Debt</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
<th>2011-2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>21%</td>
<td>19%</td>
<td>14%</td>
<td>22%</td>
<td>22%</td>
<td>21%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>14%</td>
<td>10%</td>
<td>10%</td>
<td>11%</td>
<td>11%</td>
<td>12%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>15%</td>
<td>15%</td>
<td>10%</td>
<td>12%</td>
<td>13%</td>
<td>14%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>12%</td>
<td>11%</td>
<td>17%</td>
<td>14%</td>
<td>14%</td>
<td>13%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>12%</td>
<td>13%</td>
<td>16%</td>
<td>13%</td>
<td>17%</td>
<td>12%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>14%</td>
<td>22%</td>
<td>19%</td>
<td>17%</td>
<td>14%</td>
<td>14%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>08%</td>
<td>08%</td>
<td>09%</td>
<td>07%</td>
<td>06%</td>
<td>08%</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>04%</td>
<td>03%</td>
<td>05%</td>
<td>05%</td>
<td>05%</td>
<td>05%</td>
</tr>
<tr>
<td>Gambling Related Debt (Median)</td>
<td>$4,700</td>
<td>$6,150</td>
<td>$9,000</td>
<td>$6,000</td>
<td>$6,000</td>
<td>$5,000</td>
</tr>
</tbody>
</table>

Note. As a measure of central tendency, the mean is sensitive to the influence of outliers. Thus, in this table, the median value of gambling debt is shown.
Filed for Bankruptcy

Gambling problems can have detrimental effects on a person’s financial well-being. Slightly less than 1 in 3 of those admitted through the GSRS system for gambling treatment said they had filed for bankruptcy. This is similar to the rate for prior years.

Figure 8. Filed for bankruptcy.
(GSRS, n = 526)

Table 7
Filed for Bankruptcy
(GTRS Admission Forms 2006-2010; GSRS 2011-2013)

<table>
<thead>
<tr>
<th>Bankruptcy</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
<th>2011-2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Filed Bankruptcy (% Yes)</td>
<td>31%</td>
<td>33%</td>
<td>36%</td>
<td>30%</td>
<td>36%</td>
<td>30%</td>
</tr>
</tbody>
</table>
This section includes findings from the GSRS data collection system only. In the previous IGTO system reports, the following information was available only from questionnaire data augmenting GTRS. However, questionnaire data were collected from only about half of the admitted gamblers. Because the GSRS system combined questions from the GTRS and the former questionnaires, the GSRS system captures more of client information being sought.

**Gambling Behaviors**

Three-fourths of admitted gamblers (75%) report having gambled in the past 30 days. The mean number of days gambled in the past 30 days was 6.6 days, and the median was 4 days.

![Gambled in the Past 30 Days](image)

**Figure 9.** Gambled in the past 30 days. (GSRS, n = 541)

*Note.* The 2010 Questionnaire data showed similar findings. About three-fourths (74%) gambled in the past 30 days. The number of days gambled in the past 30 days: mean = 6.6 days, median = 4 days. Similarly, among those who gambled in the past 30 days, 83% of them usually gambled alone. However, about one-third (34%) stated that they have lost $1,000 or more.
The vast majority of clients who have gambled (87%) in the past 30 days reported that they have gambled at least once in casinos.

**Figure 10.** Gambling places among those who gambled in the past 30 days. (GSRS, $n = 408$)

*Note.* The 2010 Questionnaire data showed similar findings. Casinos (64%) were the most commonplace of gambling followed by convenience stores (24%) and bar or restaurants (7%). Respondents were allowed to choose one or more gambling places, so total sums to more than 100%.
Financial Help from Family and Friend

Approximately 6 in 10 admitted gamblers (59%) reported receiving financial help from family and/or friends to pay bills and expenses during the past 6 months. About 2 in 10 reported that they had not asked for help (21%) or they did not receive help (19%). A very small portion of admitted gamblers (2%) stated that family or friends used to help them but had stopped during the past 6 months.

**Figure 11.** Family or friends helped financially to pay bills and expenses. (GSRS, n = 524)

*Note. The 2010 Questionnaire data asked about financial help received within the past 3 months. One-third of clients (33%) stated that family and friends would not help them financially until they got their gambling under control.*
**Intentions to Change Problem Gambling Behaviors**

Nearly one-third of admitted gamblers stated at admission that they were “seriously considering reducing or stopping” or “plan to reduce or quit” their problem gambling behavior in the near future. Slightly more than one-third came to the treatment program after already beginning or reducing their problem gambling behaviors in the past 6 months. About 1 in 20 said they had already reduced or quit their problem gambling and were successfully maintaining this behavior at the time of admission. Finally, less than 1% of admitted gamblers stated that they did not have any intention to change their problem gambling behavior.

**Figure 12.** Intention to change problem gambling behavior.  
(GSRS, n = 556)
Table 8
Gambling Severity: DSM Indicators (GSRS, n = 557)

<table>
<thead>
<tr>
<th>DSM Indicators of Pathological Gambling</th>
<th>Past 30 Days</th>
<th>Past 12 Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Find yourself thinking a lot about gambling such as past gambling experiences, future gambling ventures, or ways of getting money for gambling</td>
<td>79%</td>
<td>90%</td>
</tr>
<tr>
<td>Need to gamble with larger amounts of money or with larger bets in order to get the same feeling of excitement</td>
<td>59%</td>
<td>76%</td>
</tr>
<tr>
<td>Repeatedly try to cut down or stop your gambling but have been unsuccessful</td>
<td>66%</td>
<td>81%</td>
</tr>
<tr>
<td>Feel restless or irritable when you tried to cut down or stop gambling</td>
<td>58%</td>
<td>68%</td>
</tr>
<tr>
<td>Gamble to run away from problems or to get relief from feeling depressed, anxious, or bad about yourself</td>
<td>68%</td>
<td>82%</td>
</tr>
<tr>
<td>After losing money gambling, often return another day in order to win back your losses</td>
<td>66%</td>
<td>83%</td>
</tr>
<tr>
<td>Lie to family members, friends, or others in order to hide your gambling from them</td>
<td>72%</td>
<td>85%</td>
</tr>
<tr>
<td>Commit any illegal acts to finance your gambling such as writing bad checks, theft, forgery, embezzlement, or fraud</td>
<td>26%</td>
<td>38%</td>
</tr>
<tr>
<td>Lose or almost lose a significant relationship, job, or an educational or career opportunity because of gambling</td>
<td>41%</td>
<td>54%</td>
</tr>
<tr>
<td>Rely on others to provide money to relieve a desperate financial situation caused by gambling</td>
<td>55%</td>
<td>69%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>DSM-IV Classification</th>
<th>Past 30 Days</th>
<th>Past 12 Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Indefinite</td>
<td>08%</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>At risk</td>
<td>08%</td>
<td>02%</td>
</tr>
<tr>
<td>Problem gambler</td>
<td>10%</td>
<td>08%</td>
</tr>
<tr>
<td>Pathological</td>
<td>73%</td>
<td>90%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>DSM Classification in the GSRS system*</th>
<th>Past 30 Days</th>
<th>Past 12 Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Indefinite</td>
<td>08%</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Problem gambler</td>
<td>19%</td>
<td>10%</td>
</tr>
<tr>
<td>Pathological</td>
<td>73%</td>
<td>90%</td>
</tr>
</tbody>
</table>

*Note. The DSM classification generated by the GSRS system is based in the following collapsed scoring: 0 = Indefinite, 1 to 4 = Problem Gambler, 5 or more = Pathological. For the DSM classification see the Technical notes in this report.

Two versions of DSM scoring are shown in the report. “DSM-IV” uses the full scoring scheme, while “DSM in GSRS” uses a collapsed scoring scheme. About three-fourths of admitted gamblers were classified as current pathological gamblers using the DSM-IV diagnostic tool. The three most commonly endorsed problem gambling indicators were related to “thinking a lot
about gambling”, “Lie to family members, friends, or others in order to hide your gambling from them”, and “gamble to run away from problems or to get relief from feeling depressed, anxious, or bad about” them. The least common indicator of problem gambling was “Commit any illegal acts to finance your gambling such as writing bad checks, theft, forgery, embezzlement, or fraud.”

Table 9
Psychosocial Indicators in the Past 30 Days (GSRS, n = 524)

<table>
<thead>
<tr>
<th>Psychosocial Indicators</th>
<th>Past 30 Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lacked self-confidence or felt bad about yourself</td>
<td>80%</td>
</tr>
<tr>
<td>Felt largely dissatisfied with life</td>
<td>74%</td>
</tr>
<tr>
<td>Had difficulty with family and/or friends</td>
<td>65%</td>
</tr>
<tr>
<td>Late paying bills</td>
<td>54%</td>
</tr>
<tr>
<td>Having difficulty managing your responsibilities at work, school or home</td>
<td>47%</td>
</tr>
<tr>
<td>Recognized and expressed your feelings inappropriately</td>
<td>43%</td>
</tr>
<tr>
<td>Given up or greatly reduced important activities so you could gamble</td>
<td>39%</td>
</tr>
<tr>
<td>Committed illegal acts to get money to gamble with</td>
<td>16%</td>
</tr>
</tbody>
</table>

Nearly all admitted gamblers (93%) reported one or more negative life experiences in the past 30 days. The most common life experience was the lack of self-confidence (80%) followed by dissatisfaction with life (74%) and experiencing difficulty with family and friends (65%). These percents are consistent with the historical data in the IGTO system.
Table 10
Co-morbid Conditions in the Past 30 Days (GSRS, n = 540)

<table>
<thead>
<tr>
<th>Co-morbid Conditions (One or More Days)</th>
<th>Past 30 Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tobacco use</td>
<td>51%</td>
</tr>
<tr>
<td>Alcohol use</td>
<td>40%</td>
</tr>
<tr>
<td>Suicidal thought</td>
<td>18%</td>
</tr>
<tr>
<td>Food abuse</td>
<td>10%</td>
</tr>
<tr>
<td>Compulsive work</td>
<td>10%</td>
</tr>
<tr>
<td>Compulsive spending</td>
<td>07%</td>
</tr>
<tr>
<td>Illicit drug use</td>
<td>06%</td>
</tr>
<tr>
<td>Compulsive sex</td>
<td>05%</td>
</tr>
<tr>
<td>Prescription drug use</td>
<td>02%</td>
</tr>
<tr>
<td>Physical violence</td>
<td>02%</td>
</tr>
<tr>
<td>Self-mutilation</td>
<td>01%</td>
</tr>
</tbody>
</table>

About 4 in 5 admitted gambles (79%) had one or more co-morbid conditions. As expected the most common co-morbid condition were tobacco use (51%) and alcohol use (40%). Also, about 1 in 5 had suicidal thoughts (18%) in the past 30 days, and fewer reported food abuse (10%) and compulsive work (10%).
SECTION 3
SERVICE DATA

State provider agencies submit information about treatment services through GSRS documenting the number of sessions and minutes of various types of services they provide to gamblers admitted into the treatment program.

Also, during the period of July 2011 to May 2013, the agencies provided and reported on the Recovery Support Services (RSS) consisting of financial and individualized support such as gas cards or recovery peer coaching.²

For gamblers during this period, the treatment agencies provided (a) 6,528 individual counseling sessions corresponding to about 6,163 service hours, and (b) 3,199 group counseling sessions corresponding to about 5,313 treatment service hours. In addition, there were (a) 271 family counseling sessions totaling approximately 307 service hours, (b) 141 financial counseling sessions totaling approximately 54 service hours, (c) 121 crisis intervention sessions totaling approximately 53 service hours, and (d) 583 care coordination sessions totaling approximately 256 service hours. This is not a complete listing of services provided to all client types but is only a description of the services provided to the admitted gamblers group. It does not include services to concerned others, responses to informational requests, and other prevention activities. More information is provided in Appendix E of this report.

Figure 13. Type of services received by clients

² In November 27, 2013, an updated account of service data was generated from the I-SMART system. By then there were 163 clients who had received one or more RSS service between July 2011 and May 2013.
There was a wide variety of Recovery Support Services (RSS) reported in GSRS. A total of 144 unique clients received one or more RSS services during the reporting period (grand total RSS units: 1,176). For instance, the most frequent RSS service was providing gas cards: 125 clients received one or more of 744 gas cards. The value of each gas card was $25.

Table 11
Recovery Support Services (RSS) (GSRS, \(n = 144\))

<table>
<thead>
<tr>
<th>Recovery Support Services (RSS)</th>
<th>Number of Clients</th>
<th>Total RSS Units(^3)</th>
<th>Dollar Value of RSS Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bus or cab</td>
<td>19</td>
<td>112</td>
<td>1</td>
</tr>
<tr>
<td>Clothing/hygiene</td>
<td>65</td>
<td>72</td>
<td>1</td>
</tr>
<tr>
<td>Education</td>
<td>6</td>
<td>6</td>
<td>1</td>
</tr>
<tr>
<td>Electronic recovery</td>
<td>14</td>
<td>34</td>
<td>1</td>
</tr>
<tr>
<td>Gas card</td>
<td>125</td>
<td>744</td>
<td>25</td>
</tr>
<tr>
<td>Housing rental</td>
<td>35</td>
<td>53</td>
<td>1</td>
</tr>
<tr>
<td>Independent living</td>
<td>9</td>
<td>9</td>
<td>1</td>
</tr>
<tr>
<td>Life skill coaching</td>
<td>6</td>
<td>11</td>
<td>50</td>
</tr>
<tr>
<td>Recovery peer coaching</td>
<td>0</td>
<td>0</td>
<td>12.5</td>
</tr>
<tr>
<td>Utility assistance</td>
<td>43</td>
<td>65</td>
<td>1</td>
</tr>
<tr>
<td>Wellness</td>
<td>45</td>
<td>70</td>
<td>1</td>
</tr>
</tbody>
</table>

\(^3\) As in November 27, 2013, an updated account of RSS units was generated from the I-SMART system. There were 1,297 RSS units during the reporting period compared to the 1,176 units in total in this report. The difference is mainly due to updated information into the I-SMART system after the data has been downloaded in May 2013.
# SECTION 4
Discharge Data

The findings in this section are based on GSRS data for discharged clients submitted between July 2011 and May 2013.

Unfortunately, little (if any) outcome data are typically able to be collected from clients who leave without completing treatment. The outcome data shown in this section are based only on the subgroup of clients who completed all or a substantial portion of treatment before being discharged. Furthermore, not every client who completed all or a substantial portion of treatment before being discharged was asked and/or answered all of the discharge questions in the GSRS system (see for example the sample size in the gambling severity measure). Therefore, these findings regarding treatment outcomes cannot be confidently generalized to include clients who were discharged without completing treatment or for whom data are otherwise missing.

## SECTION 4.1
Discharge in GTRS and GSRS

### DISCHARGE

There were 332 Discharge records submitted in GSRS from July 2011 through May 2013. These 332 clients are the basis of the discharge analyses in this report. Subsequent GSRS data records and a look back at discharges reported in GTRS, boosted the tallies for Calendar Years 2011 and 2012. Even so, the blended discharge numbers (GTRS and GSRS) for Calendar Years 2011 and 2012 were lower than the average discharges from historical data. For instance, there were only 277 discharge records for 2012. As with the admission data, there is no definitive explanation for this decline, although it may be a consequence somehow of the change from GTRS to GSRS and their overlap during the reporting period. Future years of data may clarify whether the currently observed decline was real or reflects reporting errors.

![Discharge](image)

**Figure 14.** Number of Discharge Forms by Calendar Year.

(GTRS Discharge Forms 2006-2012; GSRS, July 2011 – December 2012)

*For Calendar Year 2011 the total discharge tally combines data from GTRS (n = 300) and GSRS (n = 120).

** For Calendar Year 2012 the total discharge tally combines data from GTRS (n = 78) and GSRS (n = 199).
In the GSRS data, the percentage of clients who have completed all or a substantial portion of treatment was 26% \((n = 88)\). During this same time period, 70% of clients “left” (i.e., self-termination of treatment services) without completing treatment. A few left for other reasons (e.g., administrative). The rate of treatment completion at discharge is dramatically lower than in prior reporting periods; a much higher proportion left without completing treatment (and a much lower proportion of “other” reasons). Whether this shift is another indication of how GSRS collects information more accurately than did GTRS or it is a real change cannot yet be determined. Future reporting periods may provide the answer.

**Figure 15.** Discharge status from the gambling treatment program. (GSRS, \(n = 332\))

**Table 12**
Discharge Status: Summary
(GTRS Discharge Forms 2006-2010 & GSRS)

<table>
<thead>
<tr>
<th>Discharge Status</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
<th>2011-2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Completed Treatment</td>
<td>35%</td>
<td>38%</td>
<td>34%</td>
<td>36%</td>
<td>41%</td>
<td><strong>26%</strong></td>
</tr>
<tr>
<td>Client Left</td>
<td>55%</td>
<td>49%</td>
<td>49%</td>
<td>44%</td>
<td>46%</td>
<td><strong>70%</strong></td>
</tr>
<tr>
<td>All Other Reasons</td>
<td>10%</td>
<td>13%</td>
<td>17%</td>
<td>19%</td>
<td>13%</td>
<td><strong>04%</strong></td>
</tr>
</tbody>
</table>

*Note.* “Completed treatment” includes those who completed all or a substantial portion of treatment. “All other reasons” includes referrals to outside agencies, program decision due to lack of progress, incarceration, death, and all other reasons.
Types of Gambling Activities in the Last 30 days Prior to Discharge

The most common types of gambling activities at discharge for those who completed treatment ($n = 88$) were generally the same as they were at admission; however, the percentages of each activity type at discharge were much lower. Wagering on slot machines was again the most common type of gambling activity of clients as they neared discharge. But, 8 out of every 10 clients (81%) who completed treatment reported no gambling activities at all in the last 30 days prior to discharge. It is unknown, but unlikely, non-completers would say the same if asked.

![Diagram showing types of gambling activities in the last 30 days](image)

**Figure 16.** Types of gambling activities in the last 30 days. (GSRS, $n = 88$)

*Note.* The gambling activities by year are not being reported because the time frame has been changed in the GSRS system. Previously, in the GTRS, gambling activities at discharge were assessed "since admission", resulting in higher frequencies compared to those in GSRS system which asks about gambling activities “in the last 30 days” prior to discharge.
SECTION 4.2
Discharge in GSRS

This section includes highlighted findings from only GSRS discharge data for clients who completed (fully or substantially) treatment (n = 88).

**Gambling Behavior**

Most (86%) discharged clients had not gambled in the 30 days before being discharged; however, 1 in 7 reported they had done so. The mean number of days gambled in the past 30 days by all discharged gamblers was 0.4 days, and the median was 0. About 9 in 10 discharged gamblers (89%) said the amount of money lost due to gambling was $0. For the 11% who did gamble in the 30 days before discharge the mean and median were $104 and $82, respectively. Among those who did gamble in the past 30 days, more than 9 in 10 usually gambled alone. The amount of money lost due to gambling in the past 30 days ranged from $0 to $500. There are no external validating sources for these values.

![Gambled in the Past 30 Days](image)

**Figure 17.** Gambled in the past 30 days.
(GSRS, n = 88)

*Note.* The 2010 Questionnaire data showed similar findings. About three-fourths (74%) did not gamble at all in the past 30 days. The number of days gambled in the past 30 days: mean = 6.6 days, median = 4 days. Similarly, 83% of these discharged gamblers usually gambled alone. However, about one-third (34%) stated that they have lost $1,000 or more.
Gambling Places (Past 30 Days)

For the 1 in 7 discharged clients reporting some gambling activities in the 30 days prior to discharge, casinos again were to be the most frequent place to gamble (58%) followed by convenience stores (25%).

Figure 18. Preferred places among those who gambled in the past 30 days. (GSRS, n = 12)

Note. The number of those who gambled is only 12, so the reader must be cautious to draw a generalization from this figure.
Only three of 88 discharged gamblers who completed the treatment had declared bankruptcy since admission.

<table>
<thead>
<tr>
<th>Filed for Bankruptcy</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>4%</td>
<td>96%</td>
</tr>
</tbody>
</table>

**Figure 19.** Filed for bankruptcy.  
(GSRS, n = 88)
At discharge, 2% of clients stated that they “plan to reduce or quit” their problem gambling behavior in the near future and another one-third said they “have already begun to reduce or quit” their problem gambling behavior. Slightly less than two-thirds (63%) have already reduced or quit their problem gambling and were successfully maintaining this behavior at the time of discharge.

**Figure 20.** Intention to change problem gambling behavior. (GSRS, n = 88)

Note. None of the clients in the GSRS system, at the time of discharge, stated that “I have no intention to change my problem gambling behavior” and “I am seriously considering reducing or stopping my problem gambling behaviors in the next 6 months.”
Table 13
Gambling Severity: DSM Indicators (GSRS, n = 46)

<table>
<thead>
<tr>
<th>DSM Indicators of Pathological Gambling</th>
<th>Past 30 Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Find yourself thinking a lot about gambling such as past gambling experiences, future gambling ventures,</td>
<td>07%</td>
</tr>
<tr>
<td>or ways of getting money for gambling</td>
<td></td>
</tr>
<tr>
<td>Need to gamble with larger amounts of money or with larger bets in order to get the same feeling of</td>
<td>02%</td>
</tr>
<tr>
<td>excitement</td>
<td></td>
</tr>
<tr>
<td>Repeatedly try to cut down or stop your gambling but have been unsuccessful</td>
<td>05%</td>
</tr>
<tr>
<td>Feel restless or irritable when you tried to cut down or stop gambling</td>
<td>07%</td>
</tr>
<tr>
<td>Gamble to run away from problems or to get relief from feeling depressed, anxious, or bad about yourself</td>
<td>05%</td>
</tr>
<tr>
<td>After losing money gambling, often return another day in order to win back your losses</td>
<td>05%</td>
</tr>
<tr>
<td>Lie to family members, friends, or others in order to hide your gambling from them</td>
<td>00%</td>
</tr>
<tr>
<td>Commit any illegal acts to finance your gambling such as writing bad checks, theft, forgery, embezzlement,</td>
<td>00%</td>
</tr>
<tr>
<td>or fraud</td>
<td></td>
</tr>
<tr>
<td>Lose or almost lose a significant relationship, job, or an educational or career opportunity because of</td>
<td>00%</td>
</tr>
<tr>
<td>gambling</td>
<td></td>
</tr>
<tr>
<td>Rely on others to provide money to relieve a desperate financial situation caused by gambling</td>
<td>05%</td>
</tr>
</tbody>
</table>

**DSM-IV Classification**

<table>
<thead>
<tr>
<th></th>
<th>Past 30 Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Indefinite</td>
<td>86%</td>
</tr>
<tr>
<td>At-risk</td>
<td>07%</td>
</tr>
<tr>
<td>Problem gambler</td>
<td>05%</td>
</tr>
<tr>
<td>Pathological</td>
<td>02%</td>
</tr>
</tbody>
</table>

**DSM Classification in the GSRS System**

<table>
<thead>
<tr>
<th></th>
<th>Past 30 Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Indefinite</td>
<td>86%</td>
</tr>
<tr>
<td>Problem gambler</td>
<td>12%</td>
</tr>
<tr>
<td>Pathological</td>
<td>02%</td>
</tr>
</tbody>
</table>

Note. The DSM classification generated by the GSRS system is based on the following collapsed scoring: 0 = Indefinite, 1 to 4 = Problem Gambler, 5 or more = Pathological. For the DSM classification, see the Technical notes section in this report.

Fewer than 1 in 10 clients at the time of discharge were classified as current pathological gamblers (02%) using the DSM-IV diagnostic tool. The three most common problem gambling indicators were “thinking a lot about gambling”, “Feel restless or irritable when you tried to cut down or stop gambling”, and “gamble to run away from problems or to get relief from feeling depressed, anxious, or bad about them”. These indicators were significantly lower than the classification at the time of admission.
Table 14
Psychosocial Indicators in the Past 30 Days (GSRS, \( n = 77 \))

<table>
<thead>
<tr>
<th>Psychosocial Indicators</th>
<th>Past 30 Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lacked self-confidence or felt bad about yourself</td>
<td>18%</td>
</tr>
<tr>
<td>Had difficulty with family and/or friends</td>
<td>16%</td>
</tr>
<tr>
<td>Late paying bills indicator</td>
<td>16%</td>
</tr>
<tr>
<td>Felt largely dissatisfied with life indicator</td>
<td>13%</td>
</tr>
<tr>
<td>Recognized and expressed your feelings inappropriately</td>
<td>13%</td>
</tr>
<tr>
<td>Having difficulty managing your responsibilities at work, school or home</td>
<td>05%</td>
</tr>
<tr>
<td>Given up or greatly reduced important activities so you could gamble</td>
<td>00%</td>
</tr>
<tr>
<td>Committed illegal acts to get money to gamble with</td>
<td>00%</td>
</tr>
</tbody>
</table>

About 2 in 5 clients (38%) reported one or more negative life experiences 30 days prior to discharge. The most common life experience was the lack of self-confidence (18%) followed by dissatisfaction with life (16%) and being late paying bills (16%). Because the number of discharged clients in the analysis is small, readers should be cautious when considering this information.
Table 15
Co-morbid conditions in the Past 30 Days (GSRS, $n = 82$)

<table>
<thead>
<tr>
<th>Co-morbid Conditions (One or More Days)</th>
<th>Past 30 Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tobacco use</td>
<td>38%</td>
</tr>
<tr>
<td>Alcohol use</td>
<td>32%</td>
</tr>
<tr>
<td>Illicit drug use</td>
<td>01%</td>
</tr>
<tr>
<td>Food abuse</td>
<td>01%</td>
</tr>
<tr>
<td>Compulsive sex</td>
<td>01%</td>
</tr>
<tr>
<td>Compulsive spending</td>
<td>01%</td>
</tr>
<tr>
<td>Prescription drug use</td>
<td>00%</td>
</tr>
<tr>
<td>Compulsive work</td>
<td>00%</td>
</tr>
<tr>
<td>Physical violence</td>
<td>00%</td>
</tr>
<tr>
<td>Self-mutilation</td>
<td>00%</td>
</tr>
<tr>
<td>Suicidal thought</td>
<td>00%</td>
</tr>
</tbody>
</table>

Over half of the discharged clients (56%) had one or more co-morbid conditions. The most common co-morbid conditions were tobacco use (38%) and alcohol use (32%). Because the number of discharged clients in the analysis is small, readers should be cautious when considering this information.
This portion of the report compares findings for clients at admission with findings for clients who were discharged after having completed all or a substantial portion of the treatment plan from July 2011 through May 2013 in the GSRS system. (Clients in the GTRS are not included.) The comparisons are made in two ways: (1) group analysis in which the entire group of all clients at admission are compared to the entire completion group at discharge, and (2) paired-sample analysis in which only those individual clients who were both admitted and discharged within the reporting time period are examined. Each type of comparison has its advantages and disadvantages for drawing conclusions about treatment outcomes. Yet, as revealed below, in many respects the findings for both types of analyses in this report turned out to be highly similar.

An advantage of group-level analysis is that it describes the characteristics of all people in the system at particular points in time (e.g., 2012) and makes use of more of the available data. However, group comparisons may not accurately reflect changes by individuals, as there can be counter-balancing patterns within the groupings and aggregation effects can occur that obscure individual changes, as examples. An advantage of individual-level analysis is that it can increase confidence in conclusions about how treatment affects individuals. However, it usually has a smaller sample size and so the findings have lower probability for generalizing to all clients.
Frequency of Gambling During the Past 30 Days

Among all those who were admitted from July 2011 through May 2013, 25% said they had not gambled during the past 30 days. In contrast, 86% of all those who completed treatment said they had not gambled during the 30 days prior to being discharged from the treatment program during the reporting period. (Note: These are group-level findings and do not show individual-level change.)

Figure 21. Gamblers who did not gamble in the past 30 days prior to admission or discharge (GSRS: Admission n = 541 & Discharge n = 85)

Note: Figure shows the percent who said they had not gambled in the past 30 days. The n values shown in the figure are slightly different from the total number of admitted clients (n = 557) and clients completing treatment (n = 88) due to some missing information from clients.
Table 16
Number of Days Gambled in the Past 30 Days

<table>
<thead>
<tr>
<th>Number of Days Gambled (Past 30 Days)</th>
<th>Admission Total Sample</th>
<th>Discharge Completed Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>25%</td>
<td>81%</td>
</tr>
<tr>
<td>A Few (1-4 days)</td>
<td>29%</td>
<td>16%</td>
</tr>
<tr>
<td>Several (5-14 days)</td>
<td>30%</td>
<td>03%</td>
</tr>
<tr>
<td>Most (15-30 days)</td>
<td>17%</td>
<td>00%</td>
</tr>
<tr>
<td>Mean (All)</td>
<td>6.6 days</td>
<td>0.5 days</td>
</tr>
<tr>
<td>Mean (Of those who gambled)</td>
<td>6.0 days</td>
<td>3.0 days</td>
</tr>
</tbody>
</table>

*Note. Sample sizes: Admission (n = 542 & n = 408 gambled past 30 days) and Discharge (n = 85 & n = 12 gambled past 30 days).*

**Paired Data**

*Individual-Level Analysis of Admission and Discharge Data for Clients Who Completed Treatment (GSRS, n = 88)*

- 32% had abstained from gambling for the 30 days prior to admission
- 85% had abstained from gambling for the 30 days prior to discharge
- During the past 30 days, the mean number of days clients said they gambled were:
  - 5.3 days at admission
  - 0.5 days at discharge
- Among those (n = 56) who had gambled during the 30 days prior to admission, 80% said they had *not* gambled at all during the 30 days prior to completing treatment.
- Among those (n = 56) who entered treatment having gambled during the past 30 days, the mean number of days gambled decreased from 7.8 days at admission to 0.6 days at discharge. The median number of days decreased from 5.0 days to none.
Reducing or Quitting Problem Gambling Behaviors

About one-third of clients (37%) admitted for treatment said they were beginning to reduce or quit their problem gambling behaviors when they entered treatment. Among those who completed treatment, about 62% said they had reduced or quit their problem gambling behaviors and maintained these behavior changes for at least 6 months. An additional 35% said they had begun to reduce or quit their problem gambling behaviors. (Group analyses)

**Figure 22.** Clients who reported they had (a) begun to reduce/quit their problem gambling behaviors or (b) reduced/quit their problem gambling behaviors for at least 6 months and maintained this behavior change. (GSRS: Admission n = 556 & Discharge n = 85)
Table 17
Self-Assessment of Change in Problem Gambling Behaviors

<table>
<thead>
<tr>
<th>Self-Assessment of Change in Problem Gambling Behaviors</th>
<th>Admission Sample</th>
<th>Discharge Completed Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reduced or quit problem gambling behaviors and maintained changes for at least 6 months</td>
<td>05%</td>
<td>62%</td>
</tr>
<tr>
<td>Begun to reduce or quit</td>
<td>37%</td>
<td>35%</td>
</tr>
<tr>
<td>Plan to reduce or quit in the next month</td>
<td>29%</td>
<td>02%</td>
</tr>
<tr>
<td>Seriously considering reducing or quitting in the next 6 months</td>
<td>30%</td>
<td>00%</td>
</tr>
<tr>
<td>No intentions of changing problem gambling behaviors</td>
<td>&lt;1%</td>
<td>00%</td>
</tr>
</tbody>
</table>

Note. Sample sizes: Admission (n = 556) & Discharge completed treatment (n = 85)

Paired Data
Individual-Level Analysis of Admission and Discharge Data for Clients who Completed Treatment (GSRS, n = 85)

Reduced or quit and maintained behavior change for 6 or more months

- 5% had reduced or quit their problem gambling behaviors and maintained these changes for at least 6 months at admission
- 62% had reduced or quit their problem gambling behaviors and maintained these changes for at least 6 months at discharge

Reduced or quit problem gambling behaviors
(in the process of making changes OR have maintained changes for at least 6 months)

- 60% had reduced or quit their problem gambling behaviors prior to entering treatment
- 98% had reduced or quit their problem gambling behaviors when discharged after completing treatment
Classification of Pathological or Problem Gambling

Among all those admitted for treatment, 97% met the DSM classification criteria for either pathological (90%) or problem (7%) gambling based on their behaviors during the past 12 months. Among all those discharged who completed treatment, 68% met the classification criteria for either pathological (56%) or problem (12%) gambling during the past 12 months. This later indicator may be less meaningful than the current (30 day) classification for assessing treatment effectiveness. The current classification based on behaviors during the past 30 days was 84% for those admitted and 7% for those who completed treatment. (Group analyses)

**Figure 23.** Classification of pathological or problem gamblers based on their behaviors during the past 12 months and the past 30 days.

(GSRS: Admission n = 557 & Discharge n = 43)
Table 18
Classification of Gambling Pathology with DSM-IV

<table>
<thead>
<tr>
<th>Classification of 12 Month Gambling Pathology Using DSM-IV Based Indicators</th>
<th>Admission Total Sample</th>
<th>Discharge Completed Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Past 12 Months</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pathological</td>
<td>90%</td>
<td>56%</td>
</tr>
<tr>
<td>Problem</td>
<td>07%</td>
<td>12%</td>
</tr>
<tr>
<td>At Risk</td>
<td>02%</td>
<td>02%</td>
</tr>
<tr>
<td>Indefinite Diagnosis</td>
<td>&lt;1%</td>
<td>30%</td>
</tr>
<tr>
<td><strong>Past 30 Days</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pathological (Current)</td>
<td>73%</td>
<td>02%</td>
</tr>
<tr>
<td>Problem (Current)</td>
<td>10%</td>
<td>05%</td>
</tr>
<tr>
<td>At Risk (Current)</td>
<td>08%</td>
<td>07%</td>
</tr>
<tr>
<td>Indefinite Diagnosis (Current)</td>
<td>08%</td>
<td>86%</td>
</tr>
</tbody>
</table>

Note. There were 45 clients who completed the treatment, but did not report data for the DSM classification. The missing data could be partially due to the number of clients who substantially completed the treatment (n = 30), therefore considered part of the ‘completed treatment’ group, yet were not assessed in their gambling severity. Sample sizes: Admission (n = 557) & Discharge (n = 43).

Table 19
Classification of Gambling Pathology Based on GSRS System

<table>
<thead>
<tr>
<th>Classification of 12 Month Gambling Pathology Using DSM-IV Based Indicators</th>
<th>Admission Total Sample</th>
<th>Discharge Completed Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Past 12 Months</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pathological</td>
<td>90%</td>
<td>56%</td>
</tr>
<tr>
<td>Problem</td>
<td>10%</td>
<td>14%</td>
</tr>
<tr>
<td>Indefinite Diagnosis</td>
<td>&lt;1%</td>
<td>30%</td>
</tr>
<tr>
<td><strong>Past 30 Days</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pathological (Current)</td>
<td>73%</td>
<td>02%</td>
</tr>
<tr>
<td>Problem (Current)</td>
<td>19%</td>
<td>12%</td>
</tr>
<tr>
<td>Indefinite Diagnosis (Current)</td>
<td>8%</td>
<td>86%</td>
</tr>
</tbody>
</table>

Note. There were 45 clients who completed the treatment, but did not report data for the DSM classification. The missing data could be partially due to the number of clients who substantially completed the treatment (n = 30), therefore considered part of the ‘completed treatment’ group, yet were not assessed in their gambling severity. Sample sizes: Admission (n = 557) & Discharge (n = 43).
Paired Data
Individual-Level Analysis of Admission and Discharge Data for Clients Who Completed Treatment (GSRS, n = 43)

- At admission, DSM-IV Based Past 12 Months Classifications:
  - 98% Pathological
  - 02% Problem
  - 00% Indefinite Diagnosis

- At discharge, DSM-IV Based Past 12 Months Classifications:
  - 56% Pathological
  - 12% Problem
  - 02% At Risk
  - 30% Indefinite Diagnosis

- At admission, DSM-IV Based Past 30 Day Classifications:
  - 70% Pathological
  - 12% Problem
  - 07% At Risk
  - 12% Indefinite Diagnosis

- At discharge, DSM-IV Based Past 30 Day Classifications:
  - 02% Pathological
  - 05% Problem
  - 07% At Risk
  - 86% Indefinite Diagnosis

---

4 An indefinite diagnosis does not necessarily mean the person does not have a gambling problem; it means that there was insufficient evidence of current pathology based on self-reported question responses. A professional treatment provider may be aware of additional information beyond what is recorded in I-SMART that could indicate the client would benefit from receiving gambling treatment services. See Glossary for the operational definitions of each of the four classifications and Technical Notes for additional details about 30 day versus 12 month classifications.
Seventy-four percent of clients said they felt generally dissatisfied with their lives during the 30 days prior to entering treatment. In contrast, among those who completed treatment, 13% said they felt generally dissatisfied with their lives during the 30 days prior to being discharged. (Group analyses)

**Figure 24.** In the past 30 days, have you felt generally dissatisfied with your life? (GSRS: Admission n = 523, Discharge n = 77)

<table>
<thead>
<tr>
<th></th>
<th>Admission (Total Sample)</th>
<th>Discharge (Completed Treatment)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Felt Generally Dissatisfied with Life</td>
<td>74%</td>
<td>13%</td>
</tr>
</tbody>
</table>

**Paired Data**

**Individual-Level Analysis of Admission and Discharge Data for Clients Who Completed Treatment (GSRS, n = 74)**

- 69% had felt generally dissatisfied with life in the 30 days prior to admission
- 14% had felt generally dissatisfied with life in the 30 days prior to discharge
- Among those (n = 51) who at admission had felt generally dissatisfied with life, 84% said they had not felt generally dissatisfied with life in the 30 days prior to completing treatment.
### Lacked Self-Confidence or Felt Bad About Yourself

Four-fifths (80%) of clients said they had lacked self-confidence or felt bad about themselves during the 30 days prior to entering treatment. In contrast, among those who completed treatment, 18% said they had lacked self-confidence or felt bad about themselves during the 30 days prior to being discharged. (Group analyses)

![Lacked Self-Confidence or Felt Bad About Yourself](chart.png)

**Figure 25.** In the past 30 days, have you lacked self-confidence or felt bad about yourself? (GSRS: Admission $n = 523$, Discharge $n = 77$)

### Paired Data

**Individual-Level Analysis of Admission and Discharge Data for Clients Who Completed Treatment (GSRS, $n = 74$)**

- 76% had lacked self-confidence or felt bad about themselves in the 30 days prior to admission
- 19% had lacked self-confidence or felt bad about themselves in the 30 days prior to discharge
- Among those ($n = 56$) who at admission lacked self-confidence or felt bad about themselves, 82% said they had not lacked self-confidence or felt bad about themselves in the 30 days prior to completing treatment.
Recognized and Expressed Feelings Inappropriately

Forty-three percent of clients said they had recognized and expressed feelings inappropriately during the 30 days prior to entering treatment. In contrast, among those who completed treatment, 13% said they had recognized and expressed feelings inappropriately during the 30 days prior to being discharged. (Group analyses)

Figure 26. In the past 30 days, have you recognized and expressed your feelings inappropriately? (GSRS: Admission n = 522, Discharge n = 77)

Paired Data

Individual-Level Analysis of Admission and Discharge Data for Clients Who Completed Treatment (GSRS, n = 74)

- 30% had recognized and expressed feelings inappropriately in the 30 days prior to admission
- 14% had recognized and expressed feelings inappropriately in the 30 days prior to discharge
- Among those (n = 22) who at admission had recognized and expressed feelings inappropriately, 86% said they had not recognized and expressed feelings inappropriately in the 30 days prior to completing treatment.
**Had Difficulties with Family or Friends**

About two-thirds (65%) of clients said they had difficulties with family or friends during the 30 days prior to entering treatment. In contrast, among those who completed treatment, 16% said they had difficulties with family or friends during the 30 days prior to being discharged. (Group analyses)

<table>
<thead>
<tr>
<th>Admission (Total Sample)</th>
<th>Discharge (Completed Treatment)</th>
</tr>
</thead>
<tbody>
<tr>
<td>65%</td>
<td>16%</td>
</tr>
</tbody>
</table>

**Figure 27.** In the past 30 days, have you had difficulties with family or friends? (GSRS: Admission $n = 524$, Discharge $n = 77$)

**Paired Data**

*Individual-Level Analysis of Admission and Discharge Data for Clients Who Completed Treatment (GSRS, $n = 74$)*

- 54% had difficulties with family or friends in the 30 days prior to admission
- 16% had difficulties with family or friends in the 30 days prior to discharge
- Among those ($n = 40$) who at admission had difficulties with family or friends, 78% said they had not difficulties with family or friends in the 30 days prior to completing treatment.
Having Difficulty Managing Responsibility at Work, School or Home

About one-half (47%) of clients said they had difficulty managing their responsibility at work, school or home during the 30 days prior to entering treatment. In contrast, among those who completed treatment, about 1 in 20 (5%) said they had had difficulty managing their responsibility at work, school or home during the 30 days prior to being discharged. (Group analyses)

---

**Figure 28.** In the past 30 days, have you had difficulty managing responsibility at work, school or home?

(GSRS: Admission n = 524, Discharge n = 77)

---

**Paired Data**

*Individual-Level Analysis of Admission and Discharge Data for Clients Who Completed Treatment (GSRS, n = 74)*

- 47% had difficulty managing their responsibility at work, school or home in the 30 days prior to admission
- 5% had difficulty managing their responsibility at work, school or home in the 30 days prior to discharge
- Among those (n = 35) who at admission had difficulty managing their responsibility at work, school or home, 94% said they had not had difficulty managing their responsibility at work, school or home in the 30 days prior to completing treatment.
Given Up or Greatly Reduced Important Activities to Gamble

About one-third (39%) said they had given up or greatly reduced important activities so they could gamble during the 30 days prior to entering treatment. In contrast, none had given up or greatly reduced important activities so they could gamble during the 30 days prior to completing treatment. (Group analyses)

![Bar Chart](chart.png)

**Figure 29.** In the past 30 days, have you given up or greatly reduced important activities so you could gamble?

(GSRS: Admission n = 523, Discharge n = 77)

**Paired Data**

**Individual-Level Analysis of Admission and Discharge Data for Clients Who Completed Treatment (GSRS, n = 74)**

- 30% had given up important activities to gamble in the 30 days prior to admission
- 0% had given up important activities to gamble in the 30 days prior to discharge
- Among those (n = 22) who at admission had given up important activities to gamble, all of them said they had not given up important activities to gamble in the 30 days prior to completing treatment.
Committed Illegal Acts to Get Money to Gamble With

About one-sixth (16%) of clients committed illegal acts to get money to gamble with during the 30 days prior to entering treatment. In contrast, none of them who completed treatment said they committed illegal acts to get money to gamble with in the 30 days prior to being discharged.

(Group analyses)

**Figure 30.** In the past 30 days, have you committed illegal acts to get money to gamble with?

(GSRS: Admission $n = 523$, Discharge $n = 77$)

<table>
<thead>
<tr>
<th></th>
<th>2010 Admission (Total Sample)</th>
<th>2010 Discharge (Completed Treatment)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Committed Acts</td>
<td>16%</td>
<td>0%</td>
</tr>
</tbody>
</table>

**Paired Data**

*Individual-Level Analysis of Admission and Discharge Data for Clients Who Completed Treatment (GSRS, $n = 74$)*

- 22% committed illegal acts to get money to gamble with in the 30 days prior to admission
- 0% committed illegal acts to get money to gamble with in the 30 days prior to discharge
- Among those ($n = 16$) who said at admission that they had committed illegal acts to get money to gamble with, all of them said they had not committed illegal acts to get money to gamble with in the 30 days prior to completing treatment.
About one-half (54%) of clients had been late paying their bills during the 30 days prior to entering treatment. In contrast, 16% of those who completed treatment said they had been late paying bills in the 30 days prior to being discharged. (Group analyses)

**Figure 31.** In the past 30 days, have you been late paying your bills?
(GSRS: Admission $n = 523$, Discharge $n = 76$)

**Paired Data**

Individual-Level Analysis of Admission and Discharge Data for Clients Who Completed Treatment (GSRS, $n = 73$)

- 42% had been late paying bills in the 30 days prior to admission
- 14% had been late paying bills in the 30 days prior to discharge
- Among those ($n = 31$) who said at admission that they had been late paying bills, 74% said they had not been late paying bills in the 30 days prior to completing treatment.
Table 20
Group Level Analysis: Co-morbid Conditions in the Past 30 Days
(GSRS: Admission $n = 540$, Discharge $n = 82$)

<table>
<thead>
<tr>
<th>Co-morbid Conditions (One or More Days)</th>
<th>Admission</th>
<th>Discharge</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total Sample</td>
<td>Completed Treatment</td>
</tr>
<tr>
<td>Tobacco use</td>
<td>51%</td>
<td>38%</td>
</tr>
<tr>
<td>Alcohol use</td>
<td>40%</td>
<td>32%</td>
</tr>
<tr>
<td>Suicidal thought</td>
<td>18%</td>
<td>00%</td>
</tr>
<tr>
<td>Illicit drug use</td>
<td>06%</td>
<td>01%</td>
</tr>
<tr>
<td>Food abuse</td>
<td>10%</td>
<td>01%</td>
</tr>
<tr>
<td>Compulsive work</td>
<td>10%</td>
<td>00%</td>
</tr>
<tr>
<td>Compulsive spending</td>
<td>07%</td>
<td>01%</td>
</tr>
<tr>
<td>Compulsive sex</td>
<td>05%</td>
<td>01%</td>
</tr>
<tr>
<td>Prescription drug use</td>
<td>02%</td>
<td>00%</td>
</tr>
<tr>
<td>Physical violence</td>
<td>02%</td>
<td>00%</td>
</tr>
<tr>
<td>Self-mutilation</td>
<td>01%</td>
<td>00%</td>
</tr>
</tbody>
</table>

Tobacco and alcohol use were the two most common co-morbid conditions at both the time of admission and discharge. The prevalence of these co-morbid conditions declined from admission to discharge. The most noticeable reduction is for suicidal thoughts. However, because this group level analysis does not include those who left the treatment, the reader should be cautious when considering this information.
The paired-sample data (individual-level analysis) reveals a similar trend to that for the group analysis. The prevalence of co-morbid conditions declined from admission to discharge. The most noticeable reduction is with suicidal thoughts. However, due to the small sample size for this individual-level analysis, the reader should be cautious when considering this information.
The 2013 report of the Iowa Gambling Treatment Outcomes (IGTO) Monitoring System is the eighth in a series of such reports, but it is the first report to present findings based on data from the state’s Gambling Services Reporting System (GSRS). GSRS utilizes the Iowa Service Management and Reporting Tool (I-SMART) an Internet-based client management and data (agency and state level) reporting and evaluation (University of Iowa for substance abuse, University of Northern Iowa for gambling) system that allows the State of Iowa and its licensed substance abuse treatment and problem gambling treatment and prevention providers to administer, manage (including data reporting), and provide cost efficient and quality substance abuse and problem gambling services.

Beginning in July 2011 the Gambling Treatment Reporting System began transitioning to the use of the GSRS (including problem gambling treatment, recovery support, and prevention services data from the Problem Gambling Domain in I-SMART). Data from clients who were still actively receiving services in July 2011 continued to be reported in GTRS (the previous reporting system). New clients were entered into I-SMART to be accessed by the GSRS. In July 2012, I-SMART became the sole source of problem gambling treatment and prevention data.

The purpose of the Iowa Gambling Treatment Outcomes Monitoring System is to assess the extent to which gambling treatment services provided via the Office of Problem Gambling Treatment and Prevention are associated with positive outcomes for clients who received gambling treatment from the provider agencies contracted with the State of Iowa. The current report includes treatment data from both the GTRS and GSRS sources for an approximate two year period (usually July 2011 through May 2013, but varies depending on the specific analysis being reported) as detailed in each section below. The analyses include findings from only adult clients admitted as “gamblers”; it excludes data for “crisis” clients and “concerned others.” This report was produced by the Center for Social and Behavioral Research (CSBR) at the University of Northern Iowa (UNI) under contract with the Office of Problem Gambling Treatment and Prevention at the Iowa Department of Public Health (IDPH). This project was reviewed by the Institutional Review Board (IRB) at UNI to ensure compliance with current legal and ethical considerations regarding human research participants.

**Main Findings**

- The GSRS discharged clients have a higher proportion who did not complete treatment than in prior years. This may be a real difference or indicate more accurate reporting now.

- Nearly three-fourths of those seeking treatment were doing so for the first time; a much higher percentage than historically observed.
• Compared to prior reporting periods, fewer clients had no waiting time from initial contact until admission, while many more waited one week or longer than had historically happened.

• The rate of gambling in the past 30 days is approximately three times lower for those in the discharge group than for those in the admission group.

• Gambling pathology is nearly zero (2%) for those reported as completing treatment, while 70-88% of clients at admission are classified as pathological gamblers.

• The blended admission numbers (GTRS and GSRS) for Calendar Year 2011 and 2012 were lower than the average admissions from historical data. There is no definitive explanation for this decline, although it may be a consequence somehow of the change from GTRS to GSRS and their overlap during the reporting period. Future years of data may clarify whether the currently observed decline was real or reflects reporting errors.

**Gambling Admissions.** There were 557 admitted gamblers in GSRS during the reporting period. The two most common ways that clients came to a treatment program are through self-referrals (39%) and/or contacting a treatment agency via the 1-800-BETSOFF helpline (31%). More than two-fifths (42%) of clients waited 7 days or longer before admission. Two-thirds (72%) of admitted gamblers reported this was the first time they had sought help for gambling problems. About one-third (30%) had filed for bankruptcy prior to admission, and 39% estimated that they had gambling-related debts of $10,000 or more.

**Treatment Services.** Problem gambler clients received approximately 10,000 individual, group, and family counseling sessions which correspond to about 11,800 hours of service from July 2011 through May 2013. These service totals are only for gamblers admitted in the treatment program and do not include services provided for crisis counseling or sessions with concerned others or prevention activities. In addition, 144 clients received one or more Recovery Support Services (RSS) during the reporting period. The total number of RSS services in the reporting period was 1,176. The most common RRS service was providing gas cards.

**Client Discharge Status.** All or a substantial portion of treatment was completed by 26% of clients in the reporting period. Less than three-fourths (70%) left without completing treatment (i.e., self-termination of treatment). The remaining 4% had some other discharge status. The proportion of clients who left the treatment (70%) in the GSRS system was significantly higher compared to the proportion of clients who left the treatment in the GTRS’ historical data (about 50%).

**Gambling Frequency.** Among those admitted, one-fourth (25%) said they had not gambled during the 30 days prior to entering treatment. In contrast, among those who completed treatment and were discharged through the GSRS system, the majority (88%) said they had not gambled during the 30 days prior to being discharged from treatment. The mean number of days gambled in the past 30 days was 6.6 at the time of admission and 0.5 days at the time of discharge.
Gambling Pathology. Based on self-reported behaviors during the past 12 months, 90% of admitted clients were pathological gamblers compared to 73% of discharged clients who were pathological gamblers. The measure of current gambling pathology is based on self-reported behaviors during the past 30 days; 73% of clients at the time of admission were current pathological gamblers compared to 2% of clients who were current pathological gamblers at the time of discharge.

Conclusions

The Office of Problem Gambling Treatment and Prevention provides state-funded gambling treatment services to Iowans with gambling problems. Although the number of admitted gamblers recorded in the GSRS system were fewer than the previous years (e.g. GSRS, 2012: 332, vs. GTRS, 2010: 498), about two-fifths of clients (42%) waited 7 days or longer before admission. The GSRS system discharge data indicated that 26% of clients completed all or a substantial portion of treatment, while 70% of the clients left (on their own) without completing treatment and 4% had some other discharge status. The higher proportion of clients who left treatment compared to earlier reporting periods could be due to the implementation of the GSRS system. Clients who entered prior to July 2011 continued to be in the old GTRS data collection system and they were not included in this report. Between admission and discharge, there is a significant reduction of gambling behavior (e.g. admission; 75% vs. discharge; 14%) and pathology (e.g. admission; 73% vs. discharge; 2% current pathological gambler).

Recommendations

The GSRS system. The new system is still evolving, and it will need some adjustment to continue to collect all relevant information in a timely manner. There are a couple of areas that may need to be addressed.

- Data entry forms: Some of the questions asked in the GSRS system need to be adjusted to match with the previous data collection protocol that combined GTRS with CSBR questionnaires. These changes could be addressed in the next round of edits in the Problem Gambling module in the I-SMART data entry forms.

- Coordination with agencies: There are some data entry errors that need to be avoided in near future. The most relevant issue is the lack of consistent timing of the “one month” follow-up assessment. This assessment has been collected over a wide range of times (from less than a month to more than five months following admission), and hence it was not possible to confidently interpret these data given this wide variation in time of data collection. Other errors occur when I-SMART lacks checks for out-of-range responses, or allows items to be skipped.

Monitoring the GSRS system. There were noticeable differences between findings based on the previous GTRS data collection system and the GSRS system, including the number of admissions, wait days until admission, and number of first time admissions. It is possible that the
new system needs to be in operation for a longer period of time to determine if these differences were due to the data complications arising during the transition period in which the GTRS and the GSRS system coexisted (from July 2011 to July 2012), or the GSRS data are more accurate than were the GTRS data, or the changes reflect a new reality in the state gambling treatment outcomes.

**Six month follow-up assessment.** In May 2013, CSBR received the first batch of contact information for clients who were consented within GSRS to be contacted by CSBR for the six month post-discharge follow-up assessment. The number of gamblers who consented has been small (around 40 since May 2013). This number should increase as the consent process continues to be implemented. CSBR has resumed collecting six-month post-discharge data from consented clients and future reports will include findings for this part of the Iowa Gambling Treatment Outcomes Monitoring System.
## Appendix A
### Intake Tables\(^5\)

### Gender

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>320</td>
<td>48.7%</td>
</tr>
<tr>
<td>Female</td>
<td>337</td>
<td>51.3%</td>
</tr>
<tr>
<td>Total</td>
<td>657</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Ethnicity

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not Spanish/Hispanic/Latino Mexican</td>
<td>635</td>
<td>96.9%</td>
</tr>
<tr>
<td>Mexican</td>
<td>10</td>
<td>1.5%</td>
</tr>
<tr>
<td>Other Hispanic or Latino</td>
<td>10</td>
<td>1.5%</td>
</tr>
<tr>
<td>Total</td>
<td>655</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Race List

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caucasian</td>
<td>588</td>
<td>91.3%</td>
</tr>
<tr>
<td>Black/African American</td>
<td>28</td>
<td>4.3%</td>
</tr>
<tr>
<td>American Indian</td>
<td>8</td>
<td>1.2%</td>
</tr>
<tr>
<td>Asian</td>
<td>12</td>
<td>1.9%</td>
</tr>
<tr>
<td>Hawaiian or Pacific Islander</td>
<td>3</td>
<td>.5%</td>
</tr>
<tr>
<td>Multiple Races</td>
<td>5</td>
<td>.8%</td>
</tr>
<tr>
<td>Total</td>
<td>644</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

---

\(^5\) There are 657 gamblers with the Intake information between July 2011 through May 2013. The total number of gamblers in the following tables may vary due to the non-responses (or missing values) or erroneous data entry into I-SMART system. The “Valid %” is the percent of each of the response options with only those who answered the question.
### Child Count

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>172</td>
<td>26.2%</td>
</tr>
<tr>
<td>1</td>
<td>101</td>
<td>15.4%</td>
</tr>
<tr>
<td>2</td>
<td>187</td>
<td>28.5%</td>
</tr>
<tr>
<td>3</td>
<td>112</td>
<td>17.0%</td>
</tr>
<tr>
<td>4</td>
<td>48</td>
<td>7.3%</td>
</tr>
<tr>
<td>5</td>
<td>26</td>
<td>4.0%</td>
</tr>
<tr>
<td>6</td>
<td>8</td>
<td>1.2%</td>
</tr>
<tr>
<td>7</td>
<td>1</td>
<td>0.2%</td>
</tr>
<tr>
<td>8</td>
<td>1</td>
<td>0.2%</td>
</tr>
<tr>
<td>9</td>
<td>1</td>
<td>0.2%</td>
</tr>
<tr>
<td>Total</td>
<td>657</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Age at Assessment

<table>
<thead>
<tr>
<th>Age Group</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>18-24 years</td>
<td>26</td>
<td>4.0%</td>
</tr>
<tr>
<td>25-44 years</td>
<td>251</td>
<td>38.3%</td>
</tr>
<tr>
<td>45-64 years</td>
<td>333</td>
<td>50.8%</td>
</tr>
<tr>
<td>65 years or more</td>
<td>46</td>
<td>7.0%</td>
</tr>
<tr>
<td>Total</td>
<td>656</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Funding Source

<table>
<thead>
<tr>
<th>Funding Source</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Billable</td>
<td>2</td>
<td>0.3%</td>
</tr>
<tr>
<td>State Reimbursement</td>
<td>655</td>
<td>99.7%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>657</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
Appendix B
Admission Tables

### Wait Day Count

<table>
<thead>
<tr>
<th>Count</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>No wait (0 days)</td>
<td>190</td>
<td>34.1%</td>
</tr>
<tr>
<td>1-3 days</td>
<td>65</td>
<td>11.7%</td>
</tr>
<tr>
<td>4-6 days</td>
<td>67</td>
<td>12.0%</td>
</tr>
<tr>
<td>7 days or longer</td>
<td>235</td>
<td>42.2%</td>
</tr>
<tr>
<td>Total</td>
<td>557</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Relationship Status

<table>
<thead>
<tr>
<th>Status</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single</td>
<td>136</td>
<td>24.4%</td>
</tr>
<tr>
<td>Married</td>
<td>226</td>
<td>40.6%</td>
</tr>
<tr>
<td>Cohabiting</td>
<td>38</td>
<td>6.8%</td>
</tr>
<tr>
<td>Divorced</td>
<td>110</td>
<td>19.7%</td>
</tr>
<tr>
<td>Separated</td>
<td>15</td>
<td>2.7%</td>
</tr>
<tr>
<td>Widowed</td>
<td>26</td>
<td>4.7%</td>
</tr>
<tr>
<td>Other</td>
<td>6</td>
<td>1.1%</td>
</tr>
<tr>
<td>Total</td>
<td>557</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Education Level

<table>
<thead>
<tr>
<th>Level</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than High School</td>
<td>31</td>
<td>5.7%</td>
</tr>
<tr>
<td>High School Diploma or GED</td>
<td>256</td>
<td>47.1%</td>
</tr>
<tr>
<td>2-Year College</td>
<td>127</td>
<td>23.3%</td>
</tr>
<tr>
<td>Vocational or Technical Training</td>
<td>27</td>
<td>5.0%</td>
</tr>
<tr>
<td>4-Year College</td>
<td>75</td>
<td>13.8%</td>
</tr>
<tr>
<td>Graduate or Professional Degree</td>
<td>28</td>
<td>5.1%</td>
</tr>
<tr>
<td>Total</td>
<td>544</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

6 There are 557 gamblers were Admitted between July 2011 through May 2013. The total number of gamblers in the following tables may vary due to the non-responses (or missing values) or erroneous data entry into I-SMART system. The “Valid %” is the percent of each of the response options with only those who answered the question with a valid response.
## Employment Status

<table>
<thead>
<tr>
<th>Employment Status</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employed Full Time (35 or more hrs/wk)</td>
<td>267</td>
<td>48.9%</td>
</tr>
<tr>
<td>Employed Part Time (Less than 35 hr/wk)</td>
<td>58</td>
<td>10.6%</td>
</tr>
<tr>
<td>Not in the Labor Force</td>
<td>141</td>
<td>25.8%</td>
</tr>
<tr>
<td>Unemployed (Looking for work past 30 days)</td>
<td>80</td>
<td>14.7%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>546</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Unemployment Reason

<table>
<thead>
<tr>
<th>Unemployment Reason</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Disabled</td>
<td>73</td>
<td>51.8%</td>
</tr>
<tr>
<td>Homemaker</td>
<td>10</td>
<td>7.1%</td>
</tr>
<tr>
<td>Incarcerated</td>
<td>5</td>
<td>3.5%</td>
</tr>
<tr>
<td>Retired</td>
<td>27</td>
<td>19.1%</td>
</tr>
<tr>
<td>Seasonal or Temporary</td>
<td>2</td>
<td>1.4%</td>
</tr>
<tr>
<td>Student</td>
<td>5</td>
<td>3.5%</td>
</tr>
<tr>
<td>Unemployed (Not looking)</td>
<td>19</td>
<td>13.5%</td>
</tr>
<tr>
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<td>141</td>
<td>100.0%</td>
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</table>
### Occupation

<table>
<thead>
<tr>
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<th>n</th>
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<tbody>
<tr>
<td>Construction and Extraction</td>
<td>12</td>
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</tr>
<tr>
<td>Education, Training, and Library</td>
<td>9</td>
<td>1.7%</td>
</tr>
<tr>
<td>Farm Owner Laborers</td>
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<tr>
<td>Farming, Fishing, And Forestry</td>
<td>2</td>
<td>.4%</td>
</tr>
<tr>
<td>Food Preparation and Serving Related</td>
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<tr>
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<td>Healthcare Support</td>
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<td>6.3%</td>
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<tr>
<td>Laborers</td>
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<td>10.3%</td>
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<tr>
<td>Legal</td>
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<tr>
<td>Life, Physical, and Social Science</td>
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<tr>
<td>Management</td>
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<tr>
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<td>Personal Care and Service</td>
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<td>Production</td>
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<tr>
<td>Prof/Managerial</td>
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<td>Sales and Related</td>
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<td>Sales/Clerical</td>
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<td>Service/Household</td>
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### Last 6 Month Employment Month Count

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<td>10</td>
<td>1.8%</td>
</tr>
<tr>
<td>2</td>
<td>13</td>
<td>2.4%</td>
</tr>
<tr>
<td>3</td>
<td>18</td>
<td>3.3%</td>
</tr>
<tr>
<td>4</td>
<td>24</td>
<td>4.4%</td>
</tr>
<tr>
<td>5</td>
<td>19</td>
<td>3.5%</td>
</tr>
<tr>
<td>6</td>
<td>295</td>
<td>54.2%</td>
</tr>
<tr>
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</table>
### Last 6 Month Work Missed Day Count

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<tr>
<td>1</td>
<td>12</td>
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<td>2</td>
<td>15</td>
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<tr>
<td>3</td>
<td>7</td>
</tr>
<tr>
<td>4</td>
<td>6</td>
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<tr>
<td>5</td>
<td>7</td>
</tr>
<tr>
<td>6</td>
<td>5</td>
</tr>
<tr>
<td>7</td>
<td>2</td>
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<tr>
<td>8</td>
<td>1</td>
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<tr>
<td>10</td>
<td>4</td>
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<td>120</td>
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<tr>
<td>150</td>
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### Last 6 Month Lost Job Count

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<tr>
<td>1</td>
<td>31</td>
</tr>
<tr>
<td>2</td>
<td>2</td>
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<td>Total</td>
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</table>
### Gross Monthly Income Amount

<table>
<thead>
<tr>
<th>Income Range</th>
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<tbody>
<tr>
<td>$0</td>
<td>100</td>
<td>20.0%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>192</td>
<td>38.5%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>163</td>
<td>32.7%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>35</td>
<td>7.0%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>2</td>
<td>.4%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>5</td>
<td>1.0%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>2</td>
<td>.4%</td>
</tr>
<tr>
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</table>

### Total Monthly Income Amount

<table>
<thead>
<tr>
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<th>n</th>
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</tr>
</thead>
<tbody>
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<td>$0</td>
<td>56</td>
<td>11.2%</td>
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<tr>
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<td>165</td>
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<tr>
<td>$2,000 - $4,999</td>
<td>163</td>
<td>32.6%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>90</td>
<td>18.0%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>12</td>
<td>2.4%</td>
</tr>
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<td>$20,000 - $49,999</td>
<td>6</td>
<td>1.2%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>3</td>
<td>.6%</td>
</tr>
<tr>
<td>$100,000 or more</td>
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<td>1.0%</td>
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<tr>
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<td>100.0%</td>
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### Military Status

<table>
<thead>
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<tbody>
<tr>
<td>Active Duty</td>
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<tr>
<td>Combat Veteran</td>
<td>6</td>
<td>1.1%</td>
</tr>
<tr>
<td>Discharged</td>
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<td>3.3%</td>
</tr>
<tr>
<td>In Reserves</td>
<td>3</td>
<td>.6%</td>
</tr>
<tr>
<td>Veteran</td>
<td>31</td>
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</tr>
<tr>
<td>None</td>
<td>484</td>
<td>89.1%</td>
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<tr>
<td>Total</td>
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</table>

### Health Insurance Indicator

<table>
<thead>
<tr>
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</thead>
<tbody>
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</tr>
<tr>
<td>Yes</td>
<td>329</td>
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<td>Total</td>
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</table>
## Last 12 Months Arrest Count

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</tr>
<tr>
<td>1</td>
<td>54</td>
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<td>2</td>
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</tr>
<tr>
<td>6</td>
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<tr>
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## Prior Arrest Count

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<td>104</td>
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<tr>
<td>2</td>
<td>41</td>
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<tr>
<td>4</td>
<td>14</td>
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<tr>
<td>6</td>
<td>4</td>
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<tr>
<td>7</td>
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<td>100</td>
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<td>Total</td>
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</tbody>
</table>
### Prior Gambling Arrest Count

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<td>2</td>
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<td>1.7%</td>
</tr>
<tr>
<td>3</td>
<td>7</td>
<td>1.3%</td>
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<tr>
<td>4</td>
<td>1</td>
<td>.2%</td>
</tr>
<tr>
<td>6</td>
<td>2</td>
<td>.4%</td>
</tr>
<tr>
<td>10</td>
<td>1</td>
<td>.2%</td>
</tr>
<tr>
<td>15</td>
<td>1</td>
<td>.2%</td>
</tr>
<tr>
<td>Total</td>
<td>538</td>
<td>100.0%</td>
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</table>

### Prior Incarceration Indicator

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<td>Total</td>
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### Payment Source

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<td>BC/BS</td>
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</tr>
<tr>
<td>HMO</td>
<td>1</td>
<td>.2%</td>
</tr>
<tr>
<td>Medicaid Eligible</td>
<td>9</td>
<td>1.7%</td>
</tr>
<tr>
<td>Medicare Eligible</td>
<td>2</td>
<td>.4%</td>
</tr>
<tr>
<td>Medicare/Medicaid Eligible</td>
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<td>.9%</td>
</tr>
<tr>
<td>No Charge</td>
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<td>1.7%</td>
</tr>
<tr>
<td>Other Government</td>
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<td>1.7%</td>
</tr>
<tr>
<td>Other Health Insurance</td>
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<td>1.7%</td>
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<tr>
<td>Self Pay</td>
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<tr>
<td>State Non-Unit Reimbursement</td>
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<td>State Unit Reimbursement</td>
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<td>Unknown</td>
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<tr>
<td>Total</td>
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### Referral Source Type

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<td>Alcohol/Drug Abuse Provider</td>
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<td>Community Mental Health Clinic</td>
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</tr>
<tr>
<td>Employer/EAP</td>
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<td>.9%</td>
</tr>
<tr>
<td>GA/Gamanon</td>
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<td>1.1%</td>
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<td>Health Care Provider</td>
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<td>Helpline</td>
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<td>Other Community</td>
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</tr>
<tr>
<td>Other Criminal Justice/Court</td>
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<td>5.2%</td>
</tr>
<tr>
<td>Other Individual</td>
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<td>Self</td>
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<tr>
<td>Spouse/Partner</td>
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<tr>
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### Client Recommended for Treatment Indicator

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<tbody>
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<td>Yes</td>
<td>557</td>
<td>100.0%</td>
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<tr>
<td>Total</td>
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### Declared Bankruptcy Indicator

<table>
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<td>Total</td>
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### Credit Card Debt Amount

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<tr>
<td>$2,000 - $4,999</td>
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<td>11.0%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>65</td>
<td>13.2%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>35</td>
<td>7.1%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>55</td>
<td>11.2%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>8</td>
<td>1.6%</td>
</tr>
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<td>$100,000 or more</td>
<td>4</td>
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### Overdue Bill Amount

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<td>57</td>
<td>11.9%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>35</td>
<td>7.3%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>18</td>
<td>3.8%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>25</td>
<td>5.2%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>14</td>
<td>2.9%</td>
</tr>
<tr>
<td>$100,000 or more</td>
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<td>2.7%</td>
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### Total Debt Amount

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</tr>
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<td>$0</td>
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<tr>
<td>$1 - $1,999</td>
<td>33</td>
<td>6.7%</td>
</tr>
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<td>$2,000 - $4,999</td>
<td>46</td>
<td>9.4%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>47</td>
<td>9.6%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>46</td>
<td>9.4%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>94</td>
<td>19.2%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>81</td>
<td>16.6%</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>112</td>
<td>22.9%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>489</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Gambling Debt Amount

<table>
<thead>
<tr>
<th>Amount</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0</td>
<td>100</td>
<td>20.7%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>59</td>
<td>12.2%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>70</td>
<td>14.5%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>65</td>
<td>13.4%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>60</td>
<td>12.4%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>68</td>
<td>14.0%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>38</td>
<td>7.9%</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>24</td>
<td>5.0%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>484</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
## Financial Help

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>309</td>
<td>59.0%</td>
</tr>
<tr>
<td>No, but I haven't asked them to help</td>
<td>108</td>
<td>20.6%</td>
</tr>
<tr>
<td>No, they have not helped me</td>
<td>98</td>
<td>18.7%</td>
</tr>
<tr>
<td>No, they use to help but then stopped</td>
<td>9</td>
<td>1.7%</td>
</tr>
<tr>
<td>Total</td>
<td>524</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Debt Change

<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Less</td>
<td>129</td>
<td>25.2%</td>
</tr>
<tr>
<td>About the Same</td>
<td>230</td>
<td>45.0%</td>
</tr>
<tr>
<td>More</td>
<td>152</td>
<td>29.7%</td>
</tr>
<tr>
<td>Total</td>
<td>511</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Gambling Lost Amount in the Past 30 days

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0</td>
<td>130</td>
<td>25.8%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>241</td>
<td>47.9%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>87</td>
<td>17.3%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>31</td>
<td>6.2%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>7</td>
<td>1.4%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>7</td>
<td>1.4%</td>
</tr>
<tr>
<td>Total</td>
<td>503</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Bingo - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>8</td>
<td>1.5%</td>
</tr>
<tr>
<td>Secondary</td>
<td>15</td>
<td>2.8%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>30</td>
<td>5.6%</td>
</tr>
<tr>
<td>NA</td>
<td>486</td>
<td>90.2%</td>
</tr>
<tr>
<td>Total</td>
<td>539</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
### Cards Not in Casinos - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>16</td>
<td>3.0%</td>
</tr>
<tr>
<td>Secondary</td>
<td>21</td>
<td>3.9%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>19</td>
<td>3.5%</td>
</tr>
<tr>
<td>NA</td>
<td>483</td>
<td>89.6%</td>
</tr>
<tr>
<td>Total</td>
<td>539</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Casino Tables - Preferred Method of Gambling

<table>
<thead>
<tr>
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<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>64</td>
<td>11.9%</td>
</tr>
<tr>
<td>Secondary</td>
<td>41</td>
<td>7.6%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>16</td>
<td>3.0%</td>
</tr>
<tr>
<td>NA</td>
<td>418</td>
<td>77.6%</td>
</tr>
<tr>
<td>Total</td>
<td>539</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### High Risk Trading - Preferred Method of Gambling

<table>
<thead>
<tr>
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<th>Valid %</th>
</tr>
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<td>1</td>
<td>.2%</td>
</tr>
<tr>
<td>Secondary</td>
<td>3</td>
<td>.6%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>4</td>
<td>.7%</td>
</tr>
<tr>
<td>NA</td>
<td>531</td>
<td>98.5%</td>
</tr>
<tr>
<td>Total</td>
<td>539</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Internet - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
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<tr>
<td>Primary</td>
<td>3</td>
<td>.6%</td>
</tr>
<tr>
<td>Secondary</td>
<td>5</td>
<td>.9%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>9</td>
<td>1.7%</td>
</tr>
<tr>
<td>NA</td>
<td>523</td>
<td>96.9%</td>
</tr>
<tr>
<td>Total</td>
<td>540</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
### Live Keno - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>2</td>
<td>.4%</td>
</tr>
<tr>
<td>Secondary</td>
<td>5</td>
<td>.9%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>9</td>
<td>1.7%</td>
</tr>
<tr>
<td>NA</td>
<td>523</td>
<td>97.0%</td>
</tr>
<tr>
<td>Total</td>
<td>539</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Lotteries - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
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<tr>
<td>Secondary</td>
<td>50</td>
<td>9.3%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>57</td>
<td>10.6%</td>
</tr>
<tr>
<td>NA</td>
<td>426</td>
<td>78.9%</td>
</tr>
<tr>
<td>Total</td>
<td>540</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Racetrack - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>5</td>
<td>.9%</td>
</tr>
<tr>
<td>Secondary</td>
<td>8</td>
<td>1.5%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>18</td>
<td>3.3%</td>
</tr>
<tr>
<td>NA</td>
<td>508</td>
<td>94.2%</td>
</tr>
<tr>
<td>Total</td>
<td>539</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Scratch Ticket and Pull Tabs - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>30</td>
<td>5.5%</td>
</tr>
<tr>
<td>Secondary</td>
<td>111</td>
<td>20.5%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>55</td>
<td>10.2%</td>
</tr>
<tr>
<td>NA</td>
<td>345</td>
<td>63.8%</td>
</tr>
<tr>
<td>Total</td>
<td>541</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
## Slot - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>358</td>
<td>65.6%</td>
</tr>
<tr>
<td>Secondary</td>
<td>54</td>
<td>9.9%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>17</td>
<td>3.1%</td>
</tr>
<tr>
<td>NA</td>
<td>117</td>
<td>21.4%</td>
</tr>
<tr>
<td>Total</td>
<td>546</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Sports - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>24</td>
<td>4.4%</td>
</tr>
<tr>
<td>Secondary</td>
<td>11</td>
<td>2.0%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>16</td>
<td>3.0%</td>
</tr>
<tr>
<td>NA</td>
<td>489</td>
<td>90.6%</td>
</tr>
<tr>
<td>Total</td>
<td>540</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Video Poker/Keno/Black Jack - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>37</td>
<td>6.9%</td>
</tr>
<tr>
<td>Secondary</td>
<td>32</td>
<td>5.9%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>17</td>
<td>3.2%</td>
</tr>
<tr>
<td>NA</td>
<td>453</td>
<td>84.0%</td>
</tr>
<tr>
<td>Total</td>
<td>539</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Other - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>9</td>
<td>1.7%</td>
</tr>
<tr>
<td>Secondary</td>
<td>6</td>
<td>1.1%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>10</td>
<td>1.9%</td>
</tr>
<tr>
<td>NA</td>
<td>514</td>
<td>95.4%</td>
</tr>
<tr>
<td>Total</td>
<td>539</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Casino-Gambled Even Once in These Places (last 30 days)

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>53</td>
<td>12.9%</td>
</tr>
<tr>
<td>Yes</td>
<td>358</td>
<td>87.1%</td>
</tr>
<tr>
<td>Total</td>
<td>411</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
## Convenience Store-Gambled Even Once in These Places (last 30 days)

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>299</td>
<td>72.9%</td>
</tr>
<tr>
<td>Yes</td>
<td>111</td>
<td>27.1%</td>
</tr>
<tr>
<td>Total</td>
<td>410</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Home or Friend's Home-Gambled Even Once in These Places (last 30 days)

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>393</td>
<td>96.3%</td>
</tr>
<tr>
<td>Yes</td>
<td>15</td>
<td>3.7%</td>
</tr>
<tr>
<td>Total</td>
<td>408</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Internet-Gambled Even Once in These Places (last 30 days)

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>393</td>
<td>96.1%</td>
</tr>
<tr>
<td>Yes</td>
<td>16</td>
<td>3.9%</td>
</tr>
<tr>
<td>Total</td>
<td>409</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Racetrack-Gambled Even Once in These Places (last 30 days)

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
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<td>404</td>
<td>99.0%</td>
</tr>
<tr>
<td>Yes</td>
<td>4</td>
<td>1.0%</td>
</tr>
<tr>
<td>Total</td>
<td>408</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## School-Gambled Even Once in These Places (last 30 days)

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>408</td>
<td>100.0%</td>
</tr>
<tr>
<td>Total</td>
<td>408</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

## Sporting Event-Gambled Even Once in These Places (last 30 days)

<table>
<thead>
<tr>
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<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>408</td>
<td>100.0%</td>
</tr>
<tr>
<td>Total</td>
<td>408</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
### Work-Gambled Even Once in These Places (last 30 days)

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
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<td>402</td>
<td>98.5%</td>
</tr>
<tr>
<td>Yes</td>
<td>6</td>
<td>1.5%</td>
</tr>
<tr>
<td>Total</td>
<td>408</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Other-Gambled Even Once in These Places (last 30 days)

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>380</td>
<td>93.1%</td>
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<tr>
<td>Yes</td>
<td>28</td>
<td>6.9%</td>
</tr>
<tr>
<td>Total</td>
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<td>100.0%</td>
</tr>
</tbody>
</table>

### Casino Wager Day Count

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>342</td>
<td>84.4%</td>
</tr>
<tr>
<td>1</td>
<td>13</td>
<td>3.2%</td>
</tr>
<tr>
<td>2</td>
<td>13</td>
<td>3.2%</td>
</tr>
<tr>
<td>3</td>
<td>8</td>
<td>2.0%</td>
</tr>
<tr>
<td>4</td>
<td>6</td>
<td>1.5%</td>
</tr>
<tr>
<td>5</td>
<td>5</td>
<td>1.2%</td>
</tr>
<tr>
<td>6</td>
<td>4</td>
<td>1.0%</td>
</tr>
<tr>
<td>7</td>
<td>1</td>
<td>0.2%</td>
</tr>
<tr>
<td>8</td>
<td>1</td>
<td>0.2%</td>
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<tr>
<td>9</td>
<td>2</td>
<td>0.5%</td>
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<td>0.5%</td>
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<tr>
<td>15</td>
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<td>0.7%</td>
</tr>
<tr>
<td>18</td>
<td>1</td>
<td>0.2%</td>
</tr>
<tr>
<td>20</td>
<td>1</td>
<td>0.2%</td>
</tr>
<tr>
<td>30</td>
<td>1</td>
<td>0.2%</td>
</tr>
<tr>
<td>Total</td>
<td>405</td>
<td>100.0%</td>
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</tbody>
</table>
## Slots Wager Day Count

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<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
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<td>108</td>
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<td>1</td>
<td>33</td>
<td>8.1%</td>
</tr>
<tr>
<td>2</td>
<td>35</td>
<td>8.6%</td>
</tr>
<tr>
<td>3</td>
<td>35</td>
<td>8.6%</td>
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<tr>
<td>4</td>
<td>28</td>
<td>6.9%</td>
</tr>
<tr>
<td>5</td>
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### Drug Alcohol Treatment Indicator

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<tr>
<td>I plan to reduce or quit my problem gambling behaviors in the next month</td>
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<tr>
<td>I have already begun to reduce or quit my problem gambling behaviors within the past 6 months</td>
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<tr>
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### Counseling: Financial

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### Counseling: Gambling

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### Counseling: Mental Health

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### Counseling: Substance Abuse

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### Think Gambling Last 30 Days Indicator

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### Large Bets Last 30 Days Indicator

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<tr>
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### Unsuccessful Stop Last 30 Days Indicator

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<tr>
<td>Yes</td>
<td>368</td>
<td>66.1%</td>
</tr>
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<td>Total</td>
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### Feel Restless Stop Last 30 Days Indicator

<table>
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<th>Valid %</th>
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<td>322</td>
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### Gamble for Relief Last 30 Days Indicator

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<td>378</td>
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### Return to Win Back Last 30 Days Indicator

<table>
<thead>
<tr>
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</tr>
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<tr>
<td>No</td>
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<td>33.8%</td>
</tr>
<tr>
<td>Yes</td>
<td>369</td>
<td>66.2%</td>
</tr>
<tr>
<td>Total</td>
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### Lie to Hide Gambling Last 30 Days Indicator

<table>
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### Illegal Acts Last 30 Days Indicator

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### Lose Relationship Last 30 Days Indicator

<table>
<thead>
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<td>227</td>
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### Rely Others Money Last 30 Days Indicator

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### GSRS Last 30 Days DSM Gambler Classification

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<tr>
<td>Problem Gambler</td>
<td>104</td>
<td>18.7%</td>
</tr>
<tr>
<td>Pathological Gambler</td>
<td>406</td>
<td>72.9%</td>
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<tr>
<td>Total</td>
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</table>
### Last 30 Days DSM Gambler Classification

<table>
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<td>Indefinite</td>
<td>47</td>
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</tr>
<tr>
<td>At Risk Gambler</td>
<td>46</td>
<td>8.3%</td>
</tr>
<tr>
<td>Problem Gambler</td>
<td>36</td>
<td>6.5%</td>
</tr>
<tr>
<td>Problem Gambler</td>
<td>22</td>
<td>3.9%</td>
</tr>
<tr>
<td>Pathological Gambler</td>
<td>406</td>
<td>72.9%</td>
</tr>
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### Think Gambling Last 12 Months Indicator

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### Large Bets Last 12 Months Indicator

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### Unsuccessful Stop Last 12 Months Indicator

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### Feel Restless Stop Last 12 Months Indicator

<table>
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### Gamble for Relief Last 12 Months Indicator

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<td>18.5%</td>
</tr>
<tr>
<td>Yes</td>
<td>454</td>
<td>81.5%</td>
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<tr>
<td>Total</td>
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### Return to Win Back Last 12 Months Indicator

<table>
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### Lie to Hide Gambling Last 12 Months Indicator

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### Illegal Acts Last 12 Months Indicator

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<th>Valid %</th>
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### Lose Relationship Last 12 Months Indicator

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### Rely Others Money Last 12 Months Indicator

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</tr>
<tr>
<td>Classification</td>
<td>n</td>
<td>Valid %</td>
</tr>
<tr>
<td>------------------------------</td>
<td>-----</td>
<td>---------</td>
</tr>
<tr>
<td>Indefinite</td>
<td>2</td>
<td>.4%</td>
</tr>
<tr>
<td>Problem Gambler</td>
<td>53</td>
<td>9.5%</td>
</tr>
<tr>
<td>Pathological Gambler</td>
<td>502</td>
<td>90.1%</td>
</tr>
<tr>
<td>Total</td>
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<td>100.0%</td>
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</table>

<table>
<thead>
<tr>
<th>Classification</th>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
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<td>Indefinite</td>
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</tr>
<tr>
<td>At Risk Gambler</td>
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<tr>
<td>Problem Gambler</td>
<td>26</td>
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</tr>
<tr>
<td>Problem Gambler</td>
<td>15</td>
<td>2.7%</td>
</tr>
<tr>
<td>Pathological Gambler</td>
<td>502</td>
<td>90.1%</td>
</tr>
<tr>
<td>Total</td>
<td>557</td>
<td>100.0%</td>
</tr>
</tbody>
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### Relationship Status

<table>
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<tbody>
<tr>
<td>Single</td>
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<td>133</td>
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<tr>
<td>Cohabiting</td>
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<td>8.7%</td>
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<tr>
<td>Divorced</td>
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<tr>
<td>Separated</td>
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<td>3.6%</td>
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<tr>
<td>Widowed</td>
<td>12</td>
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<tr>
<td>Other</td>
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### Education Level

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<td>3.4%</td>
</tr>
<tr>
<td>High School Diploma or GED</td>
<td>49</td>
<td>55.1%</td>
</tr>
<tr>
<td>2-Year College</td>
<td>19</td>
<td>21.3%</td>
</tr>
<tr>
<td>Vocational or Technical Training</td>
<td>4</td>
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</tr>
<tr>
<td>4-Year College</td>
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</tr>
<tr>
<td>Graduate or Professional Degree</td>
<td>5</td>
<td>5.6%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>89</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

---

There were 332 gamblers discharged between July, 2011 through May, 2013. Among these discharge gamblers, only 88 clients completed or substantially completed the treatment. The tables in this section are based in those 88 clients. However, the total number of gamblers in the following tables may vary due to the non-responses (or missing values) or erroneous data entry into I-SMART system. The “Valid %” is the percent of each of the response options with only those who answered the question with a valid response.
### Employment Status

<table>
<thead>
<tr>
<th>Status</th>
<th>n</th>
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</tr>
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<tbody>
<tr>
<td>Employed Full time (35 or more hrs/wk)</td>
<td>39</td>
<td>42.9%</td>
</tr>
<tr>
<td>Employed Part time (Less than 35 hr/wk)</td>
<td>15</td>
<td>16.5%</td>
</tr>
<tr>
<td>Not in the Labor Force</td>
<td>31</td>
<td>34.1%</td>
</tr>
<tr>
<td>Unemployed (Looking for work past 30 days)</td>
<td>6</td>
<td>6.6%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>91</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Unemployment Reason

<table>
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</tr>
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<td>48.4%</td>
</tr>
<tr>
<td>Homemaker</td>
<td>2</td>
<td>6.5%</td>
</tr>
<tr>
<td>Incarcerated</td>
<td>2</td>
<td>6.5%</td>
</tr>
<tr>
<td>Retired</td>
<td>8</td>
<td>25.8%</td>
</tr>
<tr>
<td>Student</td>
<td>1</td>
<td>3.2%</td>
</tr>
<tr>
<td>Unemployed (Not looking)</td>
<td>3</td>
<td>9.7%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>31</td>
<td>100.0%</td>
</tr>
<tr>
<td>Occupation</td>
<td>n</td>
<td>Valid %</td>
</tr>
<tr>
<td>-----------------------------------------------</td>
<td>----</td>
<td>---------</td>
</tr>
<tr>
<td>Crafts/Operatives</td>
<td>1</td>
<td>1.1%</td>
</tr>
<tr>
<td>Education, Training, and Library</td>
<td>1</td>
<td>1.1%</td>
</tr>
<tr>
<td>Food preparation and Serving Related</td>
<td>7</td>
<td>7.7%</td>
</tr>
<tr>
<td>Healthcare Practitioners and Technical</td>
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<td>2.2%</td>
</tr>
<tr>
<td>Healthcare Support</td>
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<td>3.3%</td>
</tr>
<tr>
<td>Laborers</td>
<td>13</td>
<td>14.3%</td>
</tr>
<tr>
<td>Legal</td>
<td>1</td>
<td>1.1%</td>
</tr>
<tr>
<td>Life, Physical, and Social Science</td>
<td>2</td>
<td>2.2%</td>
</tr>
<tr>
<td>Management</td>
<td>2</td>
<td>2.2%</td>
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<tr>
<td>None</td>
<td>36</td>
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<tr>
<td>Office and Administrative Support</td>
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<tr>
<td>Personal Care and Service</td>
<td>2</td>
<td>2.2%</td>
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<tr>
<td>Production</td>
<td>2</td>
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</tr>
<tr>
<td>Prof/Managerial</td>
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<td>6.6%</td>
</tr>
<tr>
<td>Sales and Related</td>
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</tr>
<tr>
<td>Sales/Clerical</td>
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<td>2.2%</td>
</tr>
<tr>
<td>Service/Household</td>
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</tr>
<tr>
<td>Transportation and Material Moving</td>
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<tr>
<td><strong>Total</strong></td>
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</tr>
<tr>
<td>Employment Month Count Since Admission</td>
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<td>7</td>
<td>7.8%</td>
</tr>
<tr>
<td>6</td>
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<td>11.1%</td>
</tr>
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<td>7</td>
<td>4</td>
<td>4.4%</td>
</tr>
<tr>
<td>8</td>
<td>6</td>
<td>6.7%</td>
</tr>
<tr>
<td>9</td>
<td>3</td>
<td>3.3%</td>
</tr>
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<td>2.2%</td>
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<tr>
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<td>2.2%</td>
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</tr>
<tr>
<td>17</td>
<td>2</td>
<td>2.2%</td>
</tr>
<tr>
<td>20</td>
<td>2</td>
<td>2.2%</td>
</tr>
<tr>
<td>26</td>
<td>1</td>
<td>1.1%</td>
</tr>
<tr>
<td>Total</td>
<td>90</td>
<td>100.0%</td>
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</table>

<table>
<thead>
<tr>
<th>Work Missed Day Count Since Admission</th>
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<th>Valid %</th>
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<td>0</td>
<td>90</td>
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<td>Total</td>
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<td>100.0%</td>
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<table>
<thead>
<tr>
<th>Lost Job Count Since Admission</th>
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</tr>
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<tbody>
<tr>
<td>0</td>
<td>88</td>
<td>97.8%</td>
</tr>
<tr>
<td>1</td>
<td>2</td>
<td>2.2%</td>
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<tr>
<td>Total</td>
<td>90</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Gross Monthly Income Amount</th>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0</td>
<td>16</td>
<td>20.0%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>37</td>
<td>46.3%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>21</td>
<td>26.3%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>6</td>
<td>7.5%</td>
</tr>
<tr>
<td>Total</td>
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<td>100.0%</td>
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</table>
### Total Monthly Income Amount

<table>
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<th>Income Range</th>
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<th>Valid %</th>
</tr>
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<tbody>
<tr>
<td>$0</td>
<td>9</td>
<td>11.3%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>32</td>
<td>40.0%</td>
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<tr>
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<td>25</td>
<td>31.3%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>13</td>
<td>16.3%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>1</td>
<td>1.3%</td>
</tr>
<tr>
<td>Total</td>
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<td>100.0%</td>
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</table>

### Arrest Count Since Admission

<table>
<thead>
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<th>Arrest Count</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
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<tr>
<td>0</td>
<td>83</td>
<td>94.3%</td>
</tr>
<tr>
<td>1</td>
<td>4</td>
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<tr>
<td>2</td>
<td>1</td>
<td>1.1%</td>
</tr>
<tr>
<td>Total</td>
<td>88</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Gambling Arrest Count Since Admission

<table>
<thead>
<tr>
<th>Arrest Count</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>84</td>
<td>95.5%</td>
</tr>
<tr>
<td>1</td>
<td>3</td>
<td>3.4%</td>
</tr>
<tr>
<td>2</td>
<td>1</td>
<td>1.1%</td>
</tr>
<tr>
<td>Total</td>
<td>88</td>
<td>100.0%</td>
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</tbody>
</table>

### Declared Bankruptcy Since Admission

<table>
<thead>
<tr>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>85</td>
<td>96.6%</td>
</tr>
<tr>
<td>Yes</td>
<td>3</td>
<td>3.4%</td>
</tr>
<tr>
<td>Total</td>
<td>88</td>
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</table>

### Credit Card Debt Amount

<table>
<thead>
<tr>
<th>Debt Amount</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0</td>
<td>39</td>
<td>48.8%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>16</td>
<td>20.0%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>6</td>
<td>7.5%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>11</td>
<td>13.8%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>3</td>
<td>3.8%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>5</td>
<td>6.3%</td>
</tr>
<tr>
<td>Total</td>
<td>80</td>
<td>100.0%</td>
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</tbody>
</table>
### Overdue Bill Amount

<table>
<thead>
<tr>
<th>$</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0</td>
<td>52</td>
<td>61.2%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>12</td>
<td>14.1%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>9</td>
<td>10.6%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>2</td>
<td>2.4%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>3</td>
<td>3.5%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>3</td>
<td>3.5%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>2</td>
<td>2.4%</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>2</td>
<td>2.4%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>85</td>
<td>100.0%</td>
</tr>
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</table>

### Total Debt Amount

<table>
<thead>
<tr>
<th>$</th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0</td>
<td>7</td>
<td>8.5%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>5</td>
<td>6.1%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>9</td>
<td>11.0%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>7</td>
<td>8.5%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>9</td>
<td>11.0%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>19</td>
<td>23.2%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>8</td>
<td>9.8%</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>18</td>
<td>22.0%</td>
</tr>
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<td><strong>Total</strong></td>
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<td>100.0%</td>
</tr>
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</table>

### Gambling Debt Amount

<table>
<thead>
<tr>
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<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0</td>
<td>24</td>
<td>28.9%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>8</td>
<td>9.6%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>6</td>
<td>7.2%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>10</td>
<td>12.0%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>10</td>
<td>12.0%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>14</td>
<td>16.9%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>5</td>
<td>6.0%</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>6</td>
<td>7.2%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>83</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
### Debt Change

<table>
<thead>
<tr>
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<tr>
<td>Less</td>
<td>55</td>
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<tr>
<td>About the Same</td>
<td>28</td>
<td>32.6%</td>
</tr>
<tr>
<td>More</td>
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<td>3.5%</td>
</tr>
<tr>
<td>Total</td>
<td>86</td>
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</tbody>
</table>

### Gambling Lost Amount in the Past 30 Days

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0</td>
<td>70</td>
<td>83.3%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>14</td>
<td>16.7%</td>
</tr>
<tr>
<td>Total</td>
<td>84</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Bingo - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Secondary</td>
<td>4</td>
<td>4.5%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>2</td>
<td>2.2%</td>
</tr>
<tr>
<td>NA</td>
<td>83</td>
<td>93.3%</td>
</tr>
<tr>
<td>Total</td>
<td>89</td>
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</tr>
</tbody>
</table>

### Cards Not in Casinos - Preferred Method of Gambling

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>1</td>
<td>1.1%</td>
</tr>
<tr>
<td>Secondary</td>
<td>3</td>
<td>3.4%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>2</td>
<td>2.2%</td>
</tr>
<tr>
<td>NA</td>
<td>83</td>
<td>93.3%</td>
</tr>
<tr>
<td>Total</td>
<td>89</td>
<td>100.0%</td>
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</tbody>
</table>

### Casino Tables - Preferred Method of Gambling

<table>
<thead>
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<td>9</td>
<td>10.1%</td>
</tr>
<tr>
<td>Secondary</td>
<td>8</td>
<td>9.0%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>2</td>
<td>2.2%</td>
</tr>
<tr>
<td>NA</td>
<td>70</td>
<td>78.7%</td>
</tr>
<tr>
<td>Total</td>
<td>89</td>
<td>100.0%</td>
</tr>
<tr>
<td>Expected Risk</td>
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<td>Valid %</td>
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<tr>
<td>---------------</td>
<td>-----</td>
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<td>High Risk Trading - Preferred Method of Gambling</td>
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<tr>
<td>Total</td>
<td>89</td>
<td>100.0%</td>
</tr>
<tr>
<td>Internet - Preferred Method of Gambling</td>
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<td></td>
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<tr>
<td>Tertiary</td>
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<td>1.1%</td>
</tr>
<tr>
<td>NA</td>
<td>88</td>
<td>98.9%</td>
</tr>
<tr>
<td>Total</td>
<td>89</td>
<td>100.0%</td>
</tr>
<tr>
<td>Live Keno - Preferred Method of Gambling</td>
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</tr>
<tr>
<td>NA</td>
<td>88</td>
<td>98.9%</td>
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<tr>
<td>Total</td>
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<td>100.0%</td>
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<td>Lotteries - Preferred Method of Gambling</td>
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<td>Racetrack - Preferred Method of Gambling</td>
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<td>Primary</td>
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<td>2.2%</td>
</tr>
<tr>
<td>Secondary</td>
<td>3</td>
<td>3.4%</td>
</tr>
<tr>
<td>Tertiary</td>
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<td>3.4%</td>
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<tr>
<td>Total</td>
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</table>
### Scratch Ticket and Pull Tabs - Preferred Method of Gambling

<table>
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<tbody>
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<td>5</td>
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<tr>
<td>Secondary</td>
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<td>13.5%</td>
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<tr>
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<td>69.7%</td>
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<tr>
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</table>

### Slot - Preferred Method of Gambling

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<td>10.1%</td>
</tr>
<tr>
<td>Tertiary</td>
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<td>1.1%</td>
</tr>
<tr>
<td>NA</td>
<td>19</td>
<td>21.3%</td>
</tr>
<tr>
<td>Total</td>
<td>89</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Sports - Preferred Method of Gambling

<table>
<thead>
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<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>3</td>
<td>3.4%</td>
</tr>
<tr>
<td>Secondary</td>
<td>2</td>
<td>2.2%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>1</td>
<td>1.1%</td>
</tr>
<tr>
<td>NA</td>
<td>83</td>
<td>93.3%</td>
</tr>
<tr>
<td>Total</td>
<td>89</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Video Poker/Keno/Black Jack - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>3</td>
<td>3.4%</td>
</tr>
<tr>
<td>Secondary</td>
<td>3</td>
<td>3.4%</td>
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<tr>
<td>Tertiary</td>
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<tr>
<td>NA</td>
<td>79</td>
<td>88.8%</td>
</tr>
<tr>
<td>Total</td>
<td>89</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
### Other - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
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<tr>
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### Casino-Gambled Even Once in These Places (last 30 days)

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### Convenience Store-Gambled Even Once in These Places (last 30 days)

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### Home or Friend’s Home-Gambled Even Once in These Places (last 30 days)

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### Internet-Gambled Even Once in These Places (last 30 days)

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### Racetrack-Gambled Even Once in These Places (last 30 days)

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### Sporting Event-Gambled Even Once in These Places (last 30 days)

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### Work-Gambled Even Once in These Places (last 30 days)

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### Other-Gambled Even Once in These Places (last 30 days)

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<td>Total</td>
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### Number of Days Gambled in Last 30 Days

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### Illicit Drug Usage Day Count

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### Prescription Drug Abuse Day Count

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### Food Abuse Day Count

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### Compulsive Work Day Count

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### Felt Bad Indicator

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### Inappropriate Feelings Indicator

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### Trouble Managing Duties Indicator

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### Reduced Activity Indicator

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### Illegal Acts Indicator

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### Late Paying Bills Indicator

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### Change Intent ID

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</tr>
<tr>
<td>I am seriously considering reducing or stopping my problem gambling behaviors</td>
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<td>1.1%</td>
</tr>
<tr>
<td>I plan to reduce or quit my problem gambling behaviors in the next month</td>
<td>5</td>
<td>5.4%</td>
</tr>
<tr>
<td>I have already begun to reduce or quit my problem gambling behaviors within the</td>
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<td>34.4%</td>
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### Received Counseling Indicator

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### Support from Alcoholics Anonymous

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<tr>
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<td>6.5%</td>
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<td>4.3%</td>
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### Lie to Hide Gambling Last 30 Days Indicator

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### Lose Relationship Last 30 Days Indicator

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### Rely Others Money Last 30 Days Indicator

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### GSRS Last 30 Days DSM Gambler Class

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### Last 30 Days DSM Gambler Class

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</tr>
<tr>
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<tr>
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<td>52.2%</td>
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<tr>
<td>Total</td>
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<td>56.5%</td>
</tr>
<tr>
<td>Total</td>
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<td>100.0%</td>
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<td><strong>Return to Win Back Last 12 Months Indicator</strong></td>
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<td>24</td>
<td>52.2%</td>
</tr>
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### Illegal Acts Last 12 Months Indicator

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### Lose Relationship Last 12 Months Indicator

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<td>78.3%</td>
</tr>
<tr>
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<td>21.7%</td>
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### Rely Others Money Last 12 Months Indicator

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<td>43.5%</td>
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### GSRS Last 12 Months DSM Gambler Class

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<td>10.9%</td>
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<tr>
<td>Problem gambler</td>
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<td>2.2%</td>
</tr>
<tr>
<td>Pathological gambler</td>
<td>26</td>
<td>56.5%</td>
</tr>
<tr>
<td>Total</td>
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# Appendix D
## Intermediate Assessment Tables

There were 154 clients who were assessed between admission and discharge in the reporting period. Although the plan for this intermediate assessment was to occur one month after admission, the actual time of these assessments varied from one week to six months. Consequently, this assessment data were not used in the group analysis of this report. The total number of gamblers in the following tables may vary due to the non-responses (or missing values) or erroneous data entry into I-SMART system. The “Valid %” is the percent of each of the response options with only those who answered the question with a valid response.

## Number of Days from Admission at the Time of Assessment

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</tr>
<tr>
<td>3-4 weeks</td>
<td>8</td>
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<tr>
<td>5-6 weeks</td>
<td>57</td>
<td>37.0%</td>
</tr>
<tr>
<td>7-8 weeks</td>
<td>48</td>
<td>31.2%</td>
</tr>
<tr>
<td>9-10 weeks</td>
<td>25</td>
<td>16.2%</td>
</tr>
<tr>
<td>11-12 weeks</td>
<td>4</td>
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<tr>
<td>13-14 weeks</td>
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<tr>
<td>15-16 weeks</td>
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<tr>
<td>17-18 weeks</td>
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<td>19-20 weeks</td>
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<td>1.3%</td>
</tr>
<tr>
<td>23-24 weeks</td>
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<td>.6%</td>
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### Gross Monthly Income Amount

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<td>8.6%</td>
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<td>$20,000 - $49,999</td>
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<td>1.4%</td>
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### Total Monthly Income Amount

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<tr>
<td>$2,000 - $4,999</td>
<td>44</td>
<td>31.7%</td>
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<td>$5,000 - $9,999</td>
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<td>15.1%</td>
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<td>$10,000 - $19,999</td>
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<td>2.9%</td>
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### Credit Card Debt Amount

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<td>$2,000 - $4,999</td>
<td>13</td>
<td>9.4%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>16</td>
<td>11.6%</td>
</tr>
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<td>$10,000 - $19,999</td>
<td>11</td>
<td>8.0%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>14</td>
<td>10.1%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>1</td>
<td>.7%</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>1</td>
<td>.7%</td>
</tr>
<tr>
<td>Total</td>
<td>138</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
### Overdue Bill Amount

<table>
<thead>
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</tr>
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<tbody>
<tr>
<td>$0</td>
<td>60</td>
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</tr>
<tr>
<td>$1 - $1,999</td>
<td>37</td>
<td>26.4%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>19</td>
<td>13.6%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>8</td>
<td>5.7%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>6</td>
<td>4.3%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>4</td>
<td>2.9%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>3</td>
<td>2.1%</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>3</td>
<td>2.1%</td>
</tr>
<tr>
<td>Total</td>
<td>140</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Total Debt Amount

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
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<td>8</td>
<td>5.8%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>14</td>
<td>10.1%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>18</td>
<td>13.0%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>13</td>
<td>9.4%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>10</td>
<td>7.2%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>30</td>
<td>21.7%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>18</td>
<td>13.0%</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>27</td>
<td>19.6%</td>
</tr>
<tr>
<td>Total</td>
<td>138</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Gambling Debt Amount

<table>
<thead>
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</tr>
</thead>
<tbody>
<tr>
<td>$0</td>
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<td>17.4%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>20</td>
<td>14.5%</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>16</td>
<td>11.6%</td>
</tr>
<tr>
<td>$10,000 - $19,999</td>
<td>17</td>
<td>12.3%</td>
</tr>
<tr>
<td>$20,000 - $49,999</td>
<td>19</td>
<td>13.8%</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>4</td>
<td>2.9%</td>
</tr>
<tr>
<td>$100,000 or more</td>
<td>6</td>
<td>4.3%</td>
</tr>
<tr>
<td>Total</td>
<td>138</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
### Debt Change

<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
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<tr>
<td>Less</td>
<td>70</td>
<td>47.9%</td>
</tr>
<tr>
<td>About the same</td>
<td>62</td>
<td>42.5%</td>
</tr>
<tr>
<td>More</td>
<td>14</td>
<td>9.6%</td>
</tr>
<tr>
<td>Total</td>
<td>146</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Gambling Lost Amount in the Past 30 Days

<table>
<thead>
<tr>
<th></th>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0</td>
<td>92</td>
<td>63.0%</td>
</tr>
<tr>
<td>$1 - $1,999</td>
<td>51</td>
<td>34.9%</td>
</tr>
<tr>
<td>$2,000 - $4,999</td>
<td>3</td>
<td>2.1%</td>
</tr>
<tr>
<td>Total</td>
<td>146</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Bingo - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Secondary</td>
<td>7</td>
<td>4.8%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>10</td>
<td>6.8%</td>
</tr>
<tr>
<td>NA</td>
<td>130</td>
<td>88.4%</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Cards Not in Casinos - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>9</td>
<td>6.1%</td>
</tr>
<tr>
<td>Secondary</td>
<td>6</td>
<td>4.1%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>5</td>
<td>3.4%</td>
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<tr>
<td>NA</td>
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<td>86.4%</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Casino Tables - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>11</td>
<td>7.4%</td>
</tr>
<tr>
<td>Secondary</td>
<td>15</td>
<td>10.1%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>6</td>
<td>4.1%</td>
</tr>
<tr>
<td>NA</td>
<td>116</td>
<td>78.4%</td>
</tr>
<tr>
<td>Total</td>
<td>148</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
### High Risk Trading - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
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<th>Valid %</th>
</tr>
</thead>
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<tr>
<td>NA</td>
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<td>100.0%</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Internet - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
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<td>1</td>
<td>.7%</td>
</tr>
<tr>
<td>Secondary</td>
<td>3</td>
<td>2.0%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>2</td>
<td>1.4%</td>
</tr>
<tr>
<td>NA</td>
<td>141</td>
<td>95.9%</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Live Keno - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tertiary</td>
<td>2</td>
<td>1.4%</td>
</tr>
<tr>
<td>NA</td>
<td>145</td>
<td>98.6%</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Lotteries - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>2</td>
<td>1.4%</td>
</tr>
<tr>
<td>Secondary</td>
<td>13</td>
<td>8.8%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>20</td>
<td>13.6%</td>
</tr>
<tr>
<td>NA</td>
<td>112</td>
<td>76.2%</td>
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<tr>
<td>Total</td>
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</table>

### Racetrack - Preferred Method of Gambling

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>2</td>
<td>1.4%</td>
</tr>
<tr>
<td>Secondary</td>
<td>2</td>
<td>1.4%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>2</td>
<td>1.4%</td>
</tr>
<tr>
<td>NA</td>
<td>141</td>
<td>95.9%</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>100.0%</td>
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</tbody>
</table>
### Scratch Ticket and Pull Tabs - Preferred Method of Gambling

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>10</td>
<td>6.8%</td>
</tr>
<tr>
<td>Secondary</td>
<td>37</td>
<td>25.0%</td>
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<tr>
<td>Tertiary</td>
<td>17</td>
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<tr>
<td>NA</td>
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<td>56.8%</td>
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<tr>
<td>Total</td>
<td>148</td>
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</table>

### Slot - Preferred Method of Gambling

<table>
<thead>
<tr>
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</thead>
<tbody>
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<td>67.6%</td>
</tr>
<tr>
<td>Secondary</td>
<td>9</td>
<td>6.1%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>6</td>
<td>4.1%</td>
</tr>
<tr>
<td>NA</td>
<td>33</td>
<td>22.3%</td>
</tr>
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</table>

### Sports - Preferred Method of Gambling

<table>
<thead>
<tr>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
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<td>2.7%</td>
</tr>
<tr>
<td>Secondary</td>
<td>4</td>
<td>2.7%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>2</td>
<td>1.4%</td>
</tr>
<tr>
<td>NA</td>
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<td>93.2%</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>100.0%</td>
</tr>
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</table>

### Video Poker/Keno/Black Jack - Preferred Method of Gambling

<table>
<thead>
<tr>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary</td>
<td>4</td>
<td>2.7%</td>
</tr>
<tr>
<td>Secondary</td>
<td>8</td>
<td>5.4%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>7</td>
<td>4.8%</td>
</tr>
<tr>
<td>NA</td>
<td>128</td>
<td>87.1%</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
### Other - Preferred Method of Gambling

<table>
<thead>
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</thead>
<tbody>
<tr>
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<td>5</td>
<td>3.4%</td>
</tr>
<tr>
<td>Tertiary</td>
<td>3</td>
<td>2.0%</td>
</tr>
<tr>
<td>NA</td>
<td>139</td>
<td>94.6%</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>100.0%</td>
</tr>
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</table>

### Casino Wager Day Count

<table>
<thead>
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<tbody>
<tr>
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<td>53</td>
<td>91.4%</td>
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<tr>
<td>1</td>
<td>2</td>
<td>3.4%</td>
</tr>
<tr>
<td>2</td>
<td>1</td>
<td>1.7%</td>
</tr>
<tr>
<td>7</td>
<td>1</td>
<td>1.7%</td>
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<tr>
<td>15</td>
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<td>1.7%</td>
</tr>
<tr>
<td>Total</td>
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</tr>
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</table>

### Slots Wager Day Count

<table>
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<tbody>
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</tr>
<tr>
<td>1</td>
<td>11</td>
<td>19.0%</td>
</tr>
<tr>
<td>2</td>
<td>8</td>
<td>13.8%</td>
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<tr>
<td>3</td>
<td>5</td>
<td>8.6%</td>
</tr>
<tr>
<td>4</td>
<td>3</td>
<td>5.2%</td>
</tr>
<tr>
<td>5</td>
<td>2</td>
<td>3.4%</td>
</tr>
<tr>
<td>6</td>
<td>1</td>
<td>1.7%</td>
</tr>
<tr>
<td>7</td>
<td>1</td>
<td>1.7%</td>
</tr>
<tr>
<td>8</td>
<td>2</td>
<td>3.4%</td>
</tr>
<tr>
<td>10</td>
<td>1</td>
<td>1.7%</td>
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<tr>
<td>15</td>
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<td>1.7%</td>
</tr>
<tr>
<td>Total</td>
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</tbody>
</table>

### Live Keno Wager Day Count

<table>
<thead>
<tr>
<th></th>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>58</td>
<td>100.0%</td>
</tr>
<tr>
<td>Total</td>
<td>58</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
### Video Poker Wager Day Count

<table>
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</tr>
</thead>
<tbody>
<tr>
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<tr>
<td>1</td>
<td>1 1.7%</td>
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<tr>
<td>2</td>
<td>2 3.4%</td>
</tr>
<tr>
<td>Total</td>
<td>58 100.0%</td>
</tr>
</tbody>
</table>

### Cards Wager Day Count

<table>
<thead>
<tr>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>51 87.9%</td>
</tr>
<tr>
<td>1</td>
<td>2 3.4%</td>
</tr>
<tr>
<td>4</td>
<td>2 3.4%</td>
</tr>
<tr>
<td>5</td>
<td>1 1.7%</td>
</tr>
<tr>
<td>7</td>
<td>1 1.7%</td>
</tr>
<tr>
<td>8</td>
<td>1 1.7%</td>
</tr>
<tr>
<td>Total</td>
<td>58 100.0%</td>
</tr>
</tbody>
</table>

### Bingo Wager Day Count

<table>
<thead>
<tr>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>56 96.6%</td>
</tr>
<tr>
<td>2</td>
<td>2 3.4%</td>
</tr>
<tr>
<td>Total</td>
<td>58 100.0%</td>
</tr>
</tbody>
</table>

### Scratch Card Wager Day Count

<table>
<thead>
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</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>37 63.8%</td>
</tr>
<tr>
<td>1</td>
<td>6 10.3%</td>
</tr>
<tr>
<td>2</td>
<td>5 8.6%</td>
</tr>
<tr>
<td>3</td>
<td>3 5.2%</td>
</tr>
<tr>
<td>4</td>
<td>3 5.2%</td>
</tr>
<tr>
<td>5</td>
<td>1 1.7%</td>
</tr>
<tr>
<td>6</td>
<td>1 1.7%</td>
</tr>
<tr>
<td>10</td>
<td>1 1.7%</td>
</tr>
<tr>
<td>20</td>
<td>1 1.7%</td>
</tr>
<tr>
<td>Total</td>
<td>58 100.0%</td>
</tr>
</tbody>
</table>
### Lottery Wager Day Count

<table>
<thead>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>48 82.8%</td>
</tr>
<tr>
<td>1</td>
<td>4 6.9%</td>
</tr>
<tr>
<td>2</td>
<td>2 3.4%</td>
</tr>
<tr>
<td>3</td>
<td>1 1.7%</td>
</tr>
<tr>
<td>4</td>
<td>1 1.7%</td>
</tr>
<tr>
<td>8</td>
<td>1 1.7%</td>
</tr>
<tr>
<td>16</td>
<td>1 1.7%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>58 100.0%</strong></td>
</tr>
</tbody>
</table>

### Racetrack Wager Day Count

<table>
<thead>
<tr>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>57 98.3%</td>
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<tr>
<td>12</td>
<td>1 1.7%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>58 100.0%</strong></td>
</tr>
</tbody>
</table>

### Sports Wager Day Count

<table>
<thead>
<tr>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>58 100.0%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>58 100.0%</strong></td>
</tr>
</tbody>
</table>

### High Risk Wager Day Count

<table>
<thead>
<tr>
<th>n</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>58 100.0%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
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</tr>
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### Other Wager Day Count

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</tr>
<tr>
<td>10</td>
<td>1 1.7%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>58 100.0%</strong></td>
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### Internet Wager Day Count

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### Number of Days Gambled in Last 30 Days

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<tr>
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### Illicit Drug Usage Day Count

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<td>1</td>
<td>3</td>
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<td>4</td>
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<tr>
<td>5</td>
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<tr>
<td>Total</td>
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</tbody>
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### Prescription Drug Abuse Day Count

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<tr>
<td>3</td>
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</tr>
<tr>
<td>Total</td>
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### Food Abuse Day Count

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### Compulsive Work Day Count

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<td>10</td>
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### Compulsive Sex Day Count

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<tr>
<td>4</td>
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<tr>
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### Compulsive Spending Day Count

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<td>1</td>
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<td>30</td>
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<tr>
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### Physical Violence Day Count

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### Self-Mutilation Day Count

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<tr>
<td>Total</td>
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### Suicidal Thought Day Count

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<td>25</td>
<td>1</td>
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</table>

### Dissatisfied with Life Indicator

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<tr>
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</table>
### Felt Bad Indicator

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### Inappropriate Feelings Indicator

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</table>

### Family Difficulty Indicator

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<tr>
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<td>64</td>
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### Trouble Managing Duties Indicator

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<td>Total</td>
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</table>

### Reduced Activity Indicator

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<td>91.1%</td>
</tr>
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<td>8.9%</td>
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<tr>
<td>Total</td>
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### Illegal Acts Indicator

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<td>96.6%</td>
</tr>
<tr>
<td>Yes</td>
<td>5</td>
<td>3.4%</td>
</tr>
<tr>
<td>Total</td>
<td>146</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
### Late Paying Bills Indicator

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### Change Intent ID

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<th>Intent Description</th>
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<tbody>
<tr>
<td>I am seriously considering reducing or stopping my problem gambling behaviors in the next 6 months.</td>
<td>20</td>
<td>13.7%</td>
</tr>
<tr>
<td>I have already begun to reduce or quit my problem gambling behaviors within the past 6 months.</td>
<td>100</td>
<td>68.5%</td>
</tr>
<tr>
<td>I plan to reduce or quit my problem gambling behaviors in the next month.</td>
<td>18</td>
<td>12.3%</td>
</tr>
<tr>
<td>I reduced or quit my problem gambling over 6 months ago and have been able to maintain these changes during this period of time.</td>
<td>8</td>
<td>5.5%</td>
</tr>
<tr>
<td>Total</td>
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<td>100.0%</td>
</tr>
</tbody>
</table>

### Received Counseling Indicator

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</tr>
<tr>
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<td>116</td>
<td>78.9%</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
[Space Left Blank Intentionally]
Appendix E
Service Tables

Appendix E.1
Crisis, Individual, and Group Treatment Services

These appendix tables contain the aggregated service data at the individual-level. For each client, the number of services received was calculated as a sum of all services received.

There were 528 clients who received crisis, individual, or group services between July 2011 and May 2013. After being admitted to the program, 29 clients did not receive any more services.

Service
\( n = 557 \)

---

9 There were 528 clients who received crisis, individual, group treatment services and 144 clients who received one or more RSS services from July 2011 through May 2013. The total number of gamblers in the following tables may vary due to the non-responses (or missing values) or erroneous data entry into I-SMART system. The “Valid %” is the percent of each of the response options with only those who answered the questions with valid responses.
Among those who received *care coordination*, 29 clients received this service 2 times. There was one client who received *care coordination* 27 times.

<table>
<thead>
<tr>
<th>n</th>
<th>Client</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>26</td>
<td>20.5%</td>
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<tr>
<td>2</td>
<td>29</td>
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<td>3</td>
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<td>14.2%</td>
</tr>
<tr>
<td>4</td>
<td>10</td>
<td>7.9%</td>
</tr>
<tr>
<td>5</td>
<td>7</td>
<td>5.5%</td>
</tr>
<tr>
<td>6</td>
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<td>3.9%</td>
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<td>20</td>
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<td>.8%</td>
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<tr>
<td>27</td>
<td>1</td>
<td>.8%</td>
</tr>
<tr>
<td>Total</td>
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</tr>
</tbody>
</table>

There were 127 clients who received *care coordination* 1 or more times (up to 27).

### Service time (min)
- Mean: 121
- Median: 105
- Sum: 15,376

### Service time (min)
- Mean: 66
- Median: 60
- Sum: 1,710

---

Among those who received *care coordination*, the mean length of this service was 121 minutes. The total sum of length of services aggregated for 127 clients was 15,376 minutes (256 hours).
### Number of Services: Phone Crisis Intervention

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<th>Client</th>
<th>Valid %</th>
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</thead>
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<td>43.5%</td>
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<tr>
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<td>4.3%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>23</td>
<td><strong>100.0%</strong></td>
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</tbody>
</table>

**Service time (min)**
- Mean: 63
- Median: 40
- Sum: 1,452

### Number of Services: Family Counseling

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<th>Valid %</th>
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</thead>
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<td>10.8%</td>
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<td>7</td>
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<td>1.4%</td>
</tr>
<tr>
<td>8</td>
<td>2</td>
<td>2.7%</td>
</tr>
<tr>
<td>9</td>
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<td>1.4%</td>
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<tr>
<td>10</td>
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<td>1.4%</td>
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</tr>
<tr>
<td><strong>Total</strong></td>
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</table>
### Number of Services: Financial Counseling

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<td>24.4%</td>
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<td>8</td>
<td>19.5%</td>
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<td>7.3%</td>
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<td>4.9%</td>
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- **Service time (min):**
  - Mean: 79
  - Median: 60
  - Sum: 3,240

### Number of Services: Group Distance

#### Treatment/phone

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- **Service time (min):**
  - Mean: 37
  - Median: 30
  - Sum: 630

#### Treatment/web

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- **Service time (min):**
  - Mean: 44
  - Median: 16
  - Sum: 348
### Number of Services: Group Face-to-face

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Service time (min)
- Mean: 1,352
- Median: 720
- Sum: 317,774
Number of Services: Group Face-to-face
(Continued)

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Number of Services: Individual Continuing Care
Face-to-face

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Service time (min)
- Mean: 62
- Median: 30
- Sum: 2,168

### Number of Services: Individual Face-to-face

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Service time (min)
- Mean: 665
- Median: 420
- Sum: 327,414
Number of Services: Individual Face-to-face
(Continued)

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Appendix E.2
Recovery Support Services (RSS)\textsuperscript{10}

For the Recovery Support Services (RSS) types of services, along the number of each service\textsuperscript{11} (first table below) received, their total dollar value (next table) was calculated as a sum of dollar values for each service type that all clients received during the reporting period (from July 2011 through May 2013).

\textbf{Service}
\begin{center}
\textit{n = 557}
\end{center}

In addition to the crisis, individual, or group services, there were 144 clients who received one or more RSS services between July 2011 and May 2013.

\textsuperscript{10} There were 557 clients who were in the service files. After being admitted, 29 clients did not receive any more services. Among these 528 clients received crisis, individual, group treatment services and 144 clients who received one or more RSS services from July 2011 through May 2013.

\textsuperscript{11} As in November 27, 2013, the number of clients who received any RSS during the reporting period is 163. This difference mainly due to information that has been updated after the GSRS data has been downloaded in May 2013.
### Number of services and service amount

#### Number of Services: RSS - Transportation (Bus or Cap)

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#### Service Amount: RSS - Transportation (Bus or Cap)

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<tr>
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</tr>
<tr>
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<td>1</td>
<td>.7%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

---

12 The total amount of dollars in RSS – Transportation is calculated by unit of service multiplied by 1. In other words, each unit of service is worth of 1 dollar.

---

Among those who received RSS transportation (bus or cab), 2 clients received this service 5 times, while the majority (10 clients) received this service only once. There was one client who received this service 32 times.

Among the 144 clients who received one or more RSS, there were 19 clients (13.2%) who received RSS transportation (bus or cab).

Among those who received RSS-transportation services, 2 clients received a total of 35 dollars on one or more encounters.

Among those who received RSS-transportation services, the total dollar value received at the client level ranged from $1 to $595.
### Number of Services: RSS - Clothing/hygiene

<table>
<thead>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
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<td>0</td>
<td>79</td>
<td>54.9%</td>
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<td>40.3%</td>
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<td>4.9%</td>
</tr>
<tr>
<td>Total</td>
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<td>100.0%</td>
</tr>
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### Service Amount: RSS - Clothing/hygiene

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<th>Clients</th>
<th>Valid %</th>
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<td>54.9%</td>
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<tr>
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<td>7</td>
<td>4.9%</td>
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<tr>
<td>31</td>
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<tr>
<td>42</td>
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<td>.7%</td>
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<tr>
<td>52</td>
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<td>.7%</td>
</tr>
<tr>
<td>53</td>
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<td>.7%</td>
</tr>
<tr>
<td>60</td>
<td>1</td>
<td>.7%</td>
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<td>.7%</td>
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<tr>
<td>66</td>
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<td>68</td>
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<td>69</td>
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<td>70</td>
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<td>71</td>
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<tr>
<td>72</td>
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<td>74</td>
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<tr>
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<td>7.6%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

\[13\] The total amount of dollars in RSS – Clothing/hygiene is calculated by unit of service multiplied by 1. In other words, each unit of service is worth of 1 dollar.
Number of Services: RSS - Education

<table>
<thead>
<tr>
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<th>Valid %</th>
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<tbody>
<tr>
<td>0</td>
<td>138</td>
<td>95.8%</td>
</tr>
<tr>
<td>1</td>
<td>6</td>
<td>4.2%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

Service Amount: RSS - Education\(^{14}\)

<table>
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<th>Clients</th>
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<td>.7%</td>
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<tr>
<td>250</td>
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<td>3.5%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

\(^{14}\) The total amount of dollars in RSS – Education is calculated by unit of service multiplied by 1. In other words, each unit of service is worth of 1 dollar.
### Number of Services: RSS - Electronic Recovery Support

<table>
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</tr>
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<td>7</td>
<td>4.9%</td>
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<td>2</td>
<td>3</td>
<td>2.1%</td>
</tr>
<tr>
<td>3</td>
<td>1</td>
<td>.7%</td>
</tr>
<tr>
<td>4</td>
<td>1</td>
<td>.7%</td>
</tr>
<tr>
<td>7</td>
<td>2</td>
<td>1.4%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Service Amount: RSS - Electronic Recovery Support

<table>
<thead>
<tr>
<th>Total $</th>
<th>Clients</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
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<td>6</td>
<td>4.2%</td>
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<td>1.4%</td>
</tr>
<tr>
<td>3</td>
<td>2</td>
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<td>.7%</td>
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<td>.7%</td>
</tr>
<tr>
<td>Total</td>
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<td>100.0%</td>
</tr>
</tbody>
</table>

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15 The total amount of dollars in RSS – Electronic Recovery Support is calculated by unit of service multiplied by 1. In other words, each unit of service is worth of 1 dollar.
### Number of Services: RSS - Gas Card

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<tr>
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<td>6.3%</td>
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<td>6.9%</td>
</tr>
<tr>
<td>4</td>
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<td>10</td>
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<td>6</td>
<td>4.2%</td>
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<td>34.0%</td>
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<tr>
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<td>3</td>
<td>2.1%</td>
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<tr>
<td>10</td>
<td>3</td>
<td>2.1%</td>
</tr>
<tr>
<td>12</td>
<td>1</td>
<td>.7%</td>
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<td>1</td>
<td>.7%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
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</table>

### Service Amount: RSS - Gas Card

<table>
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</tr>
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<td>6.3%</td>
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<td>7.6%</td>
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<td>3.5%</td>
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<tr>
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<td>6.9%</td>
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16 The total amount of dollars in RSS – Gas Card is calculated by unit of service multiplied by 25. In other words, each unit of service is worth of 25 dollars.
Service Amount: RSS - Gas Card
(Continued)

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<tr>
<td>5000</td>
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<td>.7%</td>
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<tr>
<td>Total</td>
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<td>100.0%</td>
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</table>
### Number of Services: RSS - Housing Rental Assistance

<table>
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<td>2</td>
<td>14</td>
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</tr>
<tr>
<td>3</td>
<td>2</td>
<td>1.4%</td>
</tr>
<tr>
<td>Total</td>
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</table>

### Service Amount: RSS - Housing Rental Assistance

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<th>Valid %</th>
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<td>2</td>
<td>1.4%</td>
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<tr>
<td>263</td>
<td>1</td>
<td>.7%</td>
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<tr>
<td>295</td>
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<td>.7%</td>
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<tr>
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<tr>
<td>690</td>
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<td>.7%</td>
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<td>700</td>
<td>14</td>
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<tr>
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</tr>
</tbody>
</table>

17 The total amount of dollars in RSS – Housing Rental Assistance is calculated by unit of service multiplied by 1. In other words, each unit of service is worth of 1 dollar.
Number Of Services: RSS - Independent Living

<table>
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<th>Valid %</th>
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<tbody>
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<td>9</td>
<td>6.3%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

Service Amount: RSS - Independent Living

<table>
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<th>Clients</th>
<th>Valid %</th>
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<tbody>
<tr>
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<td>.7%</td>
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<td>1</td>
<td>.7%</td>
</tr>
<tr>
<td>700</td>
<td>2</td>
<td>1.4%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

18 The total amount of dollars in RSS – Independent Living is calculated by unit of service multiplied by 1. In other words, each unit of service is worth of 1 dollar.
### Number of Services: RSS - Life Skill Coaching

<table>
<thead>
<tr>
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<th>Clients</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
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<td>95.8%</td>
</tr>
<tr>
<td>1</td>
<td>4</td>
<td>2.8%</td>
</tr>
<tr>
<td>3</td>
<td>1</td>
<td>0.7%</td>
</tr>
<tr>
<td>4</td>
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<td>0.7%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Service Amount: RSS - Life Skill Coaching

<table>
<thead>
<tr>
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<th>Clients</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>138</td>
<td>95.8%</td>
</tr>
<tr>
<td>50</td>
<td>4</td>
<td>2.8%</td>
</tr>
<tr>
<td>150</td>
<td>1</td>
<td>0.7%</td>
</tr>
<tr>
<td>200</td>
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<td>0.7%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

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The total amount of dollars in RSS – Life Skill Coaching is calculated by unit of service multiplied by 50. In other words, each unit of service is worth of 50 dollars.
### Number of Services: RSS - Recovery Peer Coaching

<table>
<thead>
<tr>
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<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
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<td>100.0%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

### Service Amount: RSS - Recovery Peer Coaching

<table>
<thead>
<tr>
<th>Total $</th>
<th>Clients</th>
<th>Valid %</th>
</tr>
</thead>
<tbody>
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<td>100.0%</td>
</tr>
<tr>
<td>Total</td>
<td>144</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

The total amount of dollars in RSS – Recovery Peer Coaching is calculated by unit of service multiplied by 12.50. In other words, each unit of service is worth of 12.50 dollars.
## Number of Services: RSS - Utility Assistance

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<th>Valid %</th>
</tr>
</thead>
<tbody>
<tr>
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<td>70.1%</td>
</tr>
<tr>
<td>1</td>
<td>29</td>
<td>20.1%</td>
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<td>2</td>
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<td>6.3%</td>
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<td>1</td>
<td>.7%</td>
</tr>
<tr>
<td>Total</td>
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</tr>
</tbody>
</table>

## Service Amount: RSS - Utility Assistance\(^{21}\)

<table>
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</tr>
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<td>70.1%</td>
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<tr>
<td>1</td>
<td>3</td>
<td>2.1%</td>
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<tr>
<td>Total</td>
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</table>

\(^{21}\) The total amount of dollars in RSS – Utility Assistance is calculated by unit of service multiplied by 1. In other words, each unit of service is worth of 1 dollar.
Number of Services: RSS - Wellness

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<tr>
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Service Amount: RSS - Wellness\(^{22}\)

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</tr>
<tr>
<td>190</td>
<td>1</td>
<td>.7%</td>
</tr>
</tbody>
</table>

\(^{22}\) The total amount of dollars in RSS – Wellness is calculated by unit of service multiplied by 1. In other words, each unit of service is worth of 1 dollar.
<table>
<thead>
<tr>
<th>Total $</th>
<th>Clients</th>
<th>Valid %</th>
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<td>250</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>144</strong></td>
<td><strong>100.0%</strong></td>
</tr>
</tbody>
</table>
Pathology Classifications. The classifications were as follow:

- The *current* classifications reported in this document were made based upon the clients’ reports of the gambling-related thoughts and behaviors they had during the past 30 days. This is a more restrictive classification than “recent or past-year pathology” or “lifetime pathology.”
- The *recent* (i.e., past 12 months) classifications were calculated for admission and discharge. The high rates of pathological or problem gambling classifications for the 12 month period at the time of discharge for those who completed treatment can be at least partially attributed to behaviors occurring prior to entering treatment for clients who completed treatment in fewer than 12 months.
- The *lifetime* (ever) classification was not used for admission and discharged gambler since all clients were more likely to fall into this classification, and would not vary regardless of the time of the assessment.

Pathology Scoring. The scoring of DSM-IV gambling pathology was calculated using the following criteria. The number of “yes” responses to 10 individual items was counted.

- A score of 0, 1, or 2 was classified as *indefinite diagnosis*.
- A score of 3 or 4 was classified as *at-risk gambler* if there were no “yes” responses to Items 8-10.
- A score of 3 or 4 was classified as *problem gambler* if there were one or more “yes” responses to Items 8-10.
- A score of 5 or more was classified as *pathological gambler*.

The decision rules for calculating scores where there was no response to one or more items were as follows: (a) if there was one or more missing responses but the score yielded a classification of *at-risk gambler, problem gambler, or pathological gambler*, no adjustments were made; (b) if there was one missing response and the sum of the other nine items was zero or one, an *indefinite diagnosis* was assigned; (c) if there were two missing responses and the sum of the other eight items was zero, an *indefinite diagnosis* was assigned; (d) if there were three or more missing responses and the sum to the other items was zero, an *unable to classify* was assigned; and (e) if responses to all ten of the items was missing an *unable to classify* was assigned. The number of *unable to classify* clients was excluded from the denominator when calculating the percent of clients who were pathological or problem gamblers.

The scoring for treatment programs used in the GSRS system generated classification followed this criteria. A score of 0 was classified as *indefinite diagnosis*. A score of 1 to 4 was classified as *problem gambler*. And a score of 5 or more were classified as *pathological gambler*.

Data Exclusions. The discharge status categorizations for the GSRS data were as follows: 70% left treatment, 18% completed treatment, 9% completed substantial portion of treatment, 1% referrals to outside agency, 1% incarcerated, and less than 1% program decision due to lack of progress. The data for those who completed or substantially completed the treatment were used for group and individual level analysis.
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Glossary

At-Risk Gambler: See Current At-Risk Gambler

Client: Person who was admitted into the Iowa Gambling Treatment Program.

Completed Treatment: Refers to clients and clients who completed all or completed a substantial portion of treatment according to their GTRS Discharge Form.

Confidence Interval: The 95% confidence level means that one can be 95% confident that observed differences were not due to chance alone and represent actual differences between the demographic subgroups or treatment groups.

CSBR: Center for Social and Behavioral Research, University of Northern Iowa

Current At-Risk Gambler: Client said that during the past 30 days they had experienced 3 or 4 of the 10 DSM-IV indicators but none of the indicators were (a) committing illegal acts to finance gambling, (b) losing or almost losing a significant relationship, job, educational or career opportunity because of gambling, or (c) relying on others to provide money to relieve a desperate financial situation caused by gambling.

Current Pathological Gambler: Client who reported they had experienced 5 or more of the 10 DSM-IV indicators during the past 30 days.

Current Problem Gambler: During the past 30 days they had experienced 3 or 4 of the 10 DSM indicators provided that at least one of the indicators was (a) committing illegal acts to finance gambling, (b) losing or almost losing a significant relationship, job, educational or career opportunity because of gambling, or (c) relying on others to provide money to relieve a desperate financial situation caused by gambling.

Indefinite Diagnosis: Client said that during the past 30 days they had experienced 2 or fewer of the 10 DSM-IV indicators. An indefinite diagnosis does not necessarily mean the person does not have a gambling problem, but it means that there was insufficient evidence of current pathology based on self-reported questionnaire responses. A professional treatment provider may be aware of additional information beyond what is assessed in the self-report questionnaire that could indicate the client would benefit from receiving gambling treatment services.

Insert: Reference to a one-page questionnaire included within the one-month and discharge questionnaires. These brief questionnaires are completed confidentially by the client and mailed to CSBR for data processing. These are also referred to as the Client Satisfaction questionnaires.

Mean: It is the average value of a discrete set of numbers such as number of days waited to be admitted.

Median: The median value is a number that separate the higher half from the lower half in a data set. This value is particularly meaningful when dealing with skewed data sets such as among of debt or gambling losses in this report.

N (n): The number of cases, clients, or respondents.
**Pathological Gambler:** See Current Pathological Gambler

**Problem Gambler:** See Current Problem Gambler

**Respondent:** A client who completed the 6 months follow-up questionnaire.

**Significant (Significantly):** The subgroup differences were statistically significant at the 95% confidence level using an appropriate inferential statistical test.

**Statistically Significant:** See Significant

**Six Months After Leaving Treatment:** The time period starting with *six months after the activity date recorded on the client’s GTRS Discharge Form* and ending with *when the Six Month Follow-Up Questionnaire was completed*. In some cases, this represents a time period of greater than six months.

**Standard Treatment:** Also known as “treatment-as-usual” (TAU)

**Subgroup Percent:** See Valid Percent

**TAU:** “Treatment-as-usual” also referred to as “standard treatment”

**Treatment Agencies:** A list of agencies (including abbreviations) that provided state-funded gambling treatment services at some point during 2010.

- ADDS: Alcohol & Drug Dependency Services of Southeast Iowa
- Allen: Allen Hospital Gambling Treatment Program
- Central CPG: Central Iowa Center for Problem Gambling
- Compass Pointe: Compass Pointe (formerly Northwest Iowa Alcohol & Drug Treatment Unit)
- CFR: Community and Family Resources
- Jackson: Jackson Recovery Centers
- Heartland: Heartland Family Services
- MECCA: Problem Gambling Services/Mecca
- Prairie Ridge: Prairie Ridge Addiction Treatment Services
- SASC: Substance Abuse Services Center

**Total Percent:** Percent based on a denominator of all clients.

**Valid Percent:** The valid percent is based on a denominator of clients for whom the question was relevant and data were available. Typically, it omits “no response” and “not applicable” options. Unless otherwise indicated, the percentages reported in the narrative, tables, and figures are based on valid percent calculations.